

Alternative Academic Qualification (AAQ)  
**Health & Social Care**



## Introduction to Sixth Form

Name: \_\_\_\_\_

# Contents

What will I be studying?	Page 3
Recommended Netflix Programmes	Page 4
Other recommended watching	Page 5
Recommended Reading	Page 6
Recommended social media	Page 7
Representations Task	Page 8
Learning Log	Page 9
Key word Glossary	Page 10-11
A-Z Challenge	Page 12
History of the NHS	Page 13
Roles in Health and Social Care	Page 15
Extension Task	Page 16
Checklist for September	Page 17



# What will I be studying?

Health and social care is a subject that has many topic areas and is a good foundation subject for a wide range of careers.

In general, it's about people, their health, individual circumstances and what affect individuals.

Your learning will explore what healthcare and social care service there are and how different job roles support people to meet their individual needs.

## First year of study

One exam assessed unit – Unit 1 Human Lifespan and Development

One supervised assignment called PSAB (Pearson Set Assignment Brief)

You will have 12-hour of written assessment, the PSAB; Unit 3 Principles of Health and Social Care Practice. There will be some work that is unsupervised too. You will learn the unit content and then do the written assessment.

You will have an opportunity to resit your exam and there will be a chance to improve some of your assignment work

## Second year of study

One exam assessed unit – Human Biology and health

One supervised assignments called PSAB (Pearson Set Assignment Brief)

Your teacher will deliver the course content using a wide range of teaching methods.

You will have a booklet which you will be using in lessons and, a completed booklet at the end of the unit for revision or PSAB practice. You can monitor your own learning through tick off the content as you go along .

You may be considering a career which requires a university degree and are thinking about UCAS points for the AAQ Extended Certificate.

Certificate	
Grade	UCAS points
D*	28
D	24
M	16
P	8

Ext. Certificate	
Grade	UCAS points
D*	56
D	48
M	32
P	16

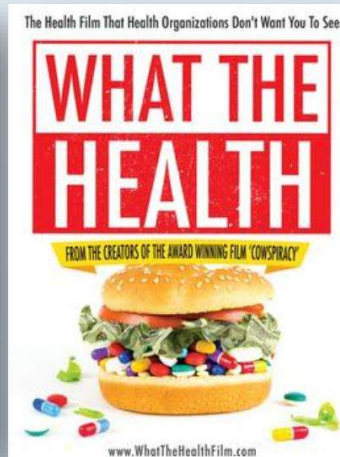


# NETFLIX

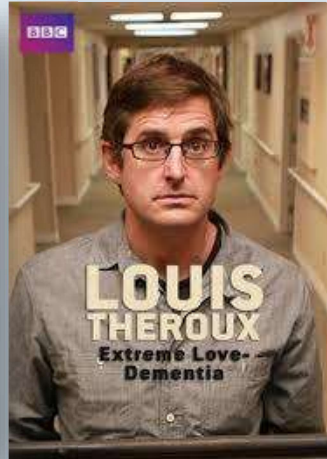
Babies



What the Health



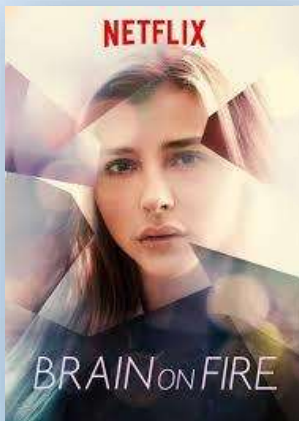
Louis Theroux:  
Extreme love,  
Dementia



Five Feet Apart



Brain on Fire



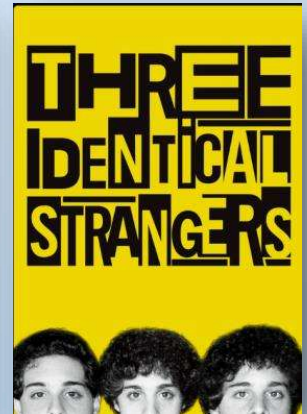
Theory of Everything



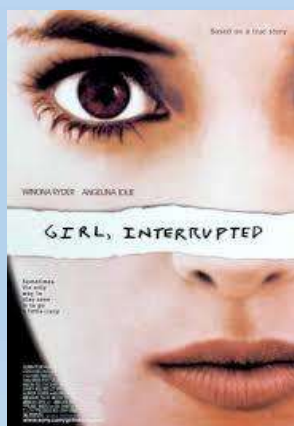
Humans;  
Body Systems



Three identical strangers



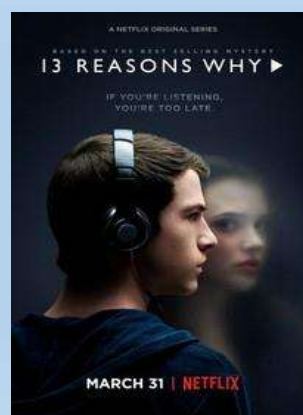
Girl, interrupted



Call the Midwife



13 Reasons Why



The Game Changer (2018)



Recommended Watching for Health & Social



# Not NETFLIX

Rhod Gilbert's Work  
Experience



Katie Price;  
Harvey and Me



Inside our Minds



Stacey Dooley  
9-5 Care Home



24 hours in  
A&E



Born to be  
different



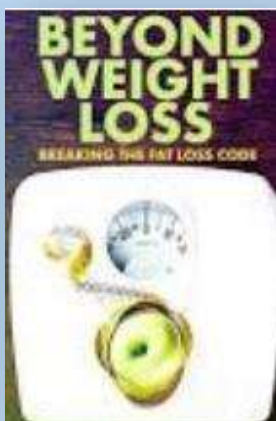
The Royal  
Marsden



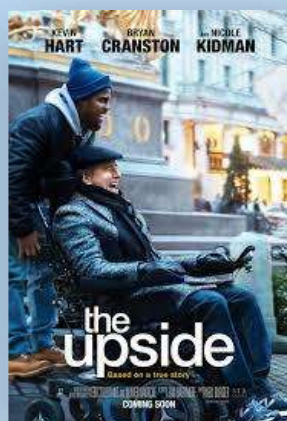
Losing it: Our  
mental health



Beyond weight  
loss



The Upside



ALLELUJAH



Miss you  
Already



No Netflix paid account

BBC iPlayer

All 4

Amazon Prime





# Dive into a book



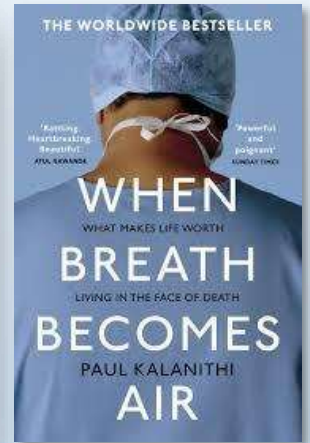
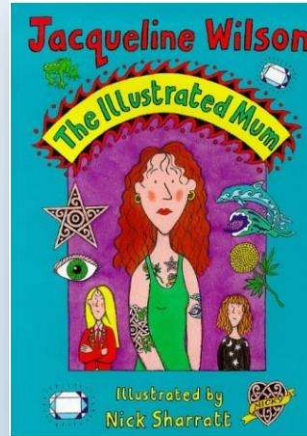
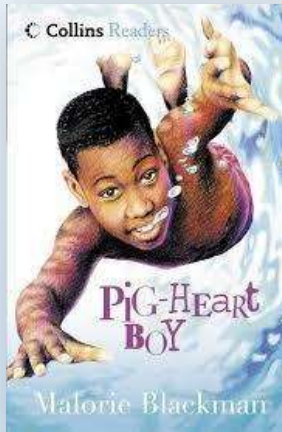
**Pig Heart Boy by Malorie Blackman**

**The Illustrated Mum Jacqueline Wilson**

**This is Going to Hurt by Adam Kay**

**When Breathe becomes Air by Paul Kalanithi**

Further Reading

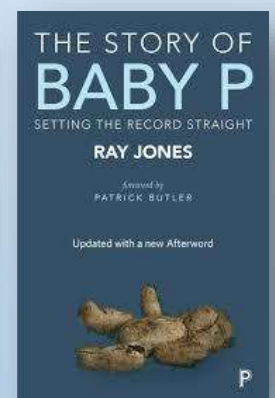
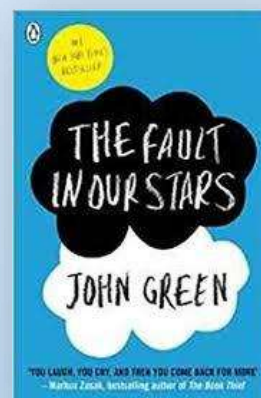
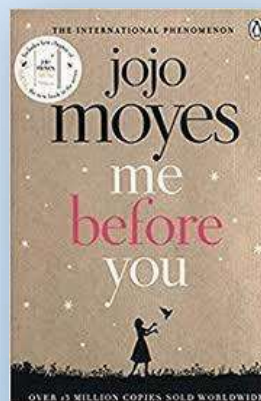


**The Hate U Give by Angie Thomas**

**Me Before you by Jojo Moyes**

**The Fault in Our Stars by John Green**

**The Story of Baby P by Ray Jones**

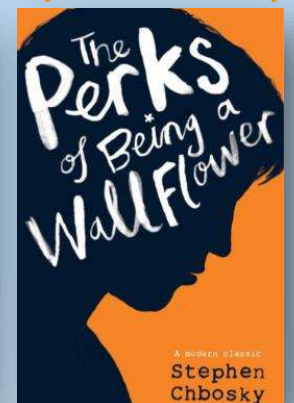
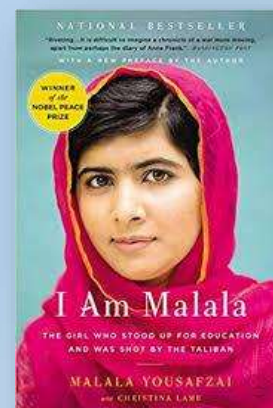
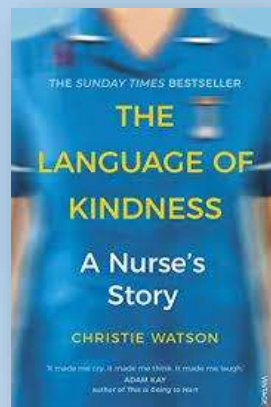
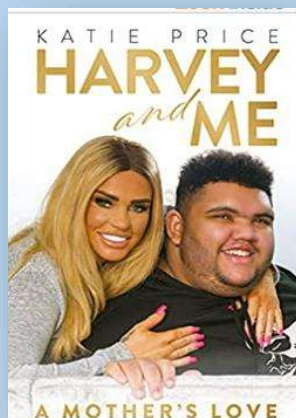


**Katie Price; Harvey**

**The Language of Kindness by Christie Watson**

**I am Malala by Malala Yousafzai**

**The Perks of Being a Wallflower Stephen Chbosky**



**Recommended Reading for Health & Social Care**  
**Yes, some of these are also films, if you prefer!**





Follow

# Social Media

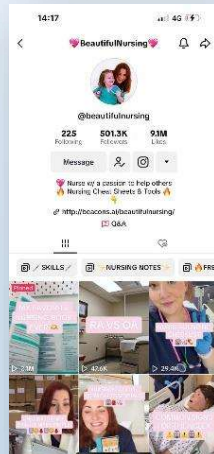


Follow

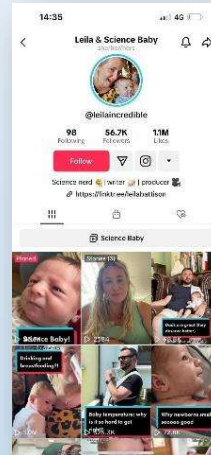
@midwifemama



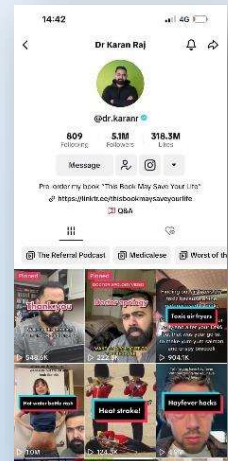
@beautifulnursing



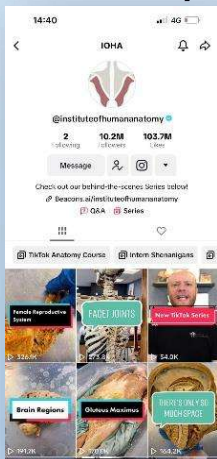
@leilaincredible



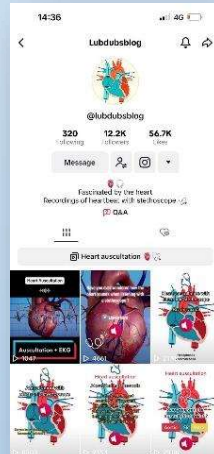
@dr.karanr



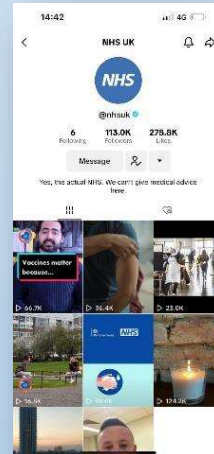
@instituteofhumananatomy



@lubdubsblog



@nhsuk



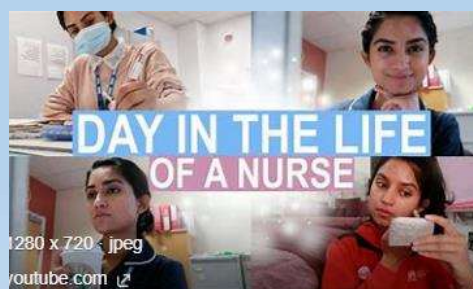
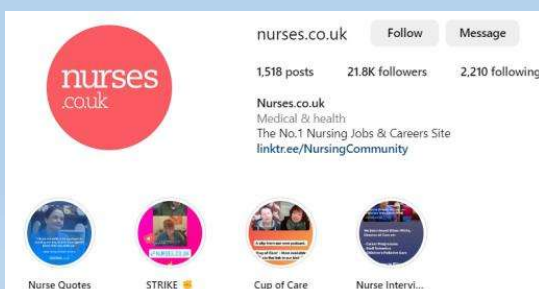
@alliedhealthcareforme



Instagram

Nurses.co.uk

@nursezara\_uk



If you have any others, you think are good, let us know 😊

# Health and Social Care in the Media



It is important to have a **broad understanding** of health care and social issues which affect services and professionals working for the NHS. One way of raising your awareness is to **prepare you before your course** starts with summer learning using different forms of media.

Your task is to pick...

- 2 Films
- 1 Book
- 2 Documentaries

You are then tasked with writing a report which is to be a minimum of half an A4 page with the following title: **'Discuss the issues [in the film/book or documentary] and impact on health care provision'**

You must watch or read using examples on the previous slides or another media resource relevant to your learning.

Consider the following:

- What issues, if any, are being raised in the stimulus? E.g. dementia
- How does the stimulus present health? E.g. care for people with dementia
- Explain why the topic of the media source is relevant to your learning and whether you think it is helpful and why?

This list is NOT exhaustive there may be other questions/ideas you wish to consider as you watch or read – it would be lovely to share with us all.



Barbara, the whole story



BBC Mental A History of the Madhouse FULL DOCUMENTARY



What Is It Like Being A Male Nurse | Student Nurses | Real Families





## Learning Log

Record here any additional reading/viewing you are undertaking in order to show what you have been completing in order to prepare you for the course. Use the reading list on the previous slides you have been given for guidance on what you could you watch/read/research

Date	Title	Summary of content	My thoughts

# GLOSSARY

**Task:** Research and define the following words which are words you will need to use correctly. Then, end column summarise the term visually to help you remember it.

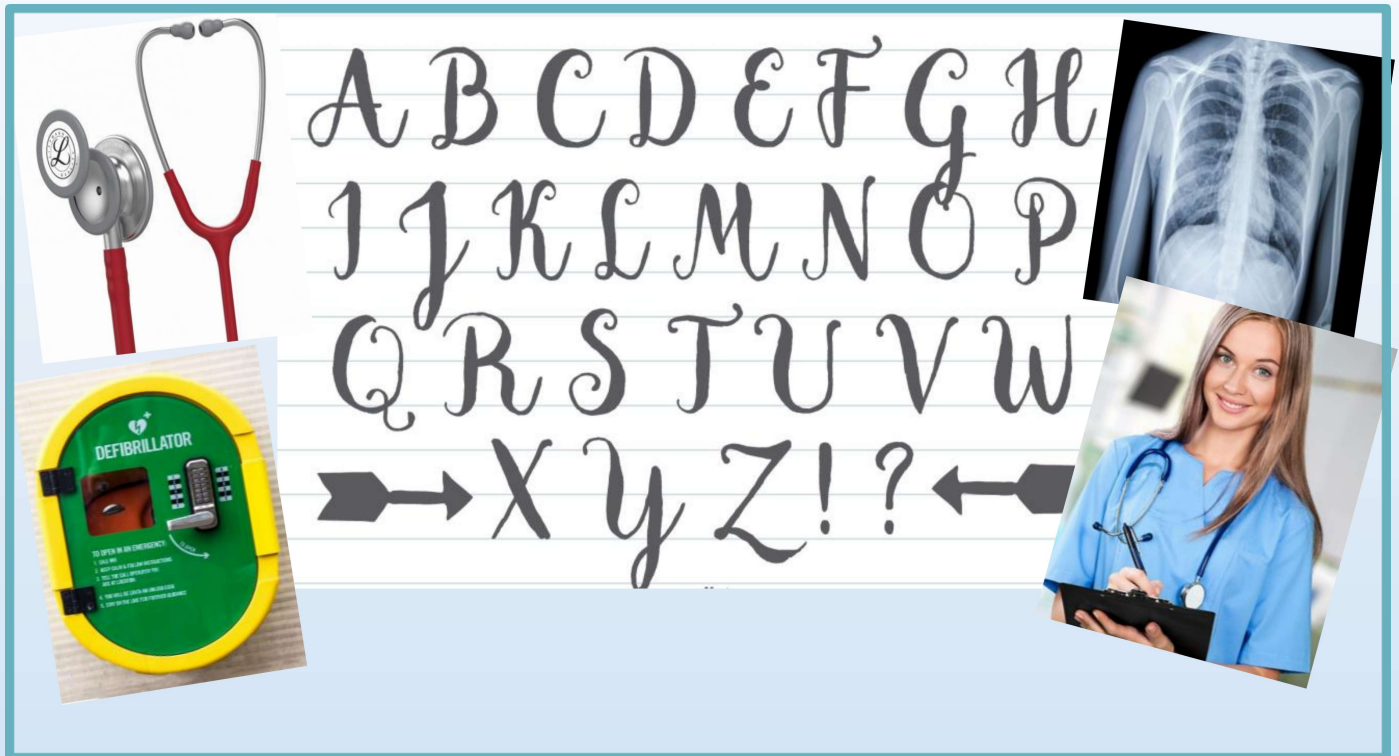
Term	Definition	Pic/image/draw
Adolescence		
Advocate		
Attachment		
Care package		
Safeguarding		
Discrimination		
Diversity		
Empathy		
Ethical		



# GLOSSARY

Term	Definition	Pic/image/draw
Person-centred care		
Care values		
Holistic Approach		
Multi-disciplinary team		
Physiology		
Health and care legislation		
Risk Assessment		
Meeting people's needs		
Self-Esteem		

Research a list of Health and Social Care jobs/ medical terms for each letter of the alphabet



A  
B  
C  
D  
E  
F  
G  
H  
I  
J  
K  
L  
M

N  
O  
P  
Q  
R  
S  
T  
U  
V  
W  
X  
Y  
Z



# An information leaflet task

Choose one of the below

**Research the government recommendations for the below lifestyle factors and produce and educational information leaflet;**

- **Alcohol units**
- **Exercise**
- **Hydration**
- **Nutritional diet**
- **Sleep**
- **Smoking**
- **Prescription and illegal drugs**

**Research different techniques to manage stress, worries and anxieties and produce an educational leaflet;**

- **Grounding**
- **Breathing exercises**
- **Me time and saying no**
- **Meditation**
- **Avoid unhealthy habits**

On 'The front line' .....

- What does it mean when people talk about being 'on the front line'?
- What does it mean when people talk about multidisciplinary teamwork?

Job Role	Definition	Roles and Responsibilities
District Nurse		
Auxiliary Nurse		
Palliative Care		
Phlebotomist		
Domiciliary Carer		
Neonatal nurse		





# True or False?

Colour code the statements in order to show if they are true or false.

☐ True

☐ False

A district nurse will only work with the elderly.

A palliative care nurse will get involved with everyone who gets coronavirus.

A midwife works with babies and children up to 5 years

Domiciliary carers provide care in the home.

Only phlebotomists are allowed to take blood.

Auxiliary nurses help support other nurses to do their roles.

# Passport to Sixth Form

## Check list

Use this list to make sure you have everything you need to hand in in September in order to start your AAQ Health & Social Care course.

☐

Report/review on your chosen film, documentary and book in the media, page 7.

☐

Complete at least a minimum of 5 sections of the learning log, page 9.

☐

Completed glossary of key terms, page 10-11.

☐

Filled in A-Z of Health and Social Care, page 12.

☐

Information leaflet

☐

Job role research from page 14

☐

Overview of job roles, page 15

☐

Pen case with pens, high lighters, pencil and rubber.

☐

A positive attitude, a lovely smile and be ready to be yourself 😊