



**MR HAMILTON**

## STUDENT LEADERSHIP AND INTERNATIONAL COLLABORATION IN UTRECHT



Before half term two of our student leaders, Simona and Henry, attended the Schools of Tomorrow International Student Conference, held in the picturesque city of Utrecht, Netherlands. This prestigious event brought together students from all across the UK and the Netherlands with a single shared objective; to enrich student leadership in their schools and develop further plans for the future.

Over several engaging sessions, Simona and Henry worked in tandem with students from diverse educational backgrounds. In doing so, they exchanged valuable insights and successful leadership strategies, all tailored to drive the progress and success of their schools.

One of the highlights of the conference was the formation of partnerships between various schools. These alliances will prove invaluable in the near future as the schools collaborate on projects, exchanging ideas and sharing resources to develop their leadership initiatives.



Both Simona and Henry have returned brimming with fresh ideas and a renewed sense of determination to drive our student leadership programs to new heights. As a teacher, it was lovely to see our students' positivity and vision as they quickly formed new, lasting relationships and were able to experience and learn from a wide range of different schools. I look forward to seeing the outcomes of the plans that they are developing.

# KEY DATES

Monday 26 February

- BEP Student Leadership at Clifton High
- Y10 & Y9 Rugby Sevens at Collegiate School

Wednesday 28 February

- SEND Coffee Morning for Parents of KS4 students

Thursday 29 February

- BEP Oracy Pioneers at Clifton High Y9

Friday 1 March

- STEM Day involving 60 x Y9 students

## FIXTURES

Monday 26 February	U14 & U16 Girls Football	St Bede's
Monday 26 February	Year 9 Boys Rugby 7s	QEH/BGS
Monday 26 February	U13 Indoor Cricket Lady Taveners Cup	Abbeywood Community
Tuesday 29 February	U13s Indoor Cricket	RGS
Wednesday 6 March	Year 10 & 9 Boys Football	St Bede's
Wednesday 6 March	U12s Hockey Festival	BFS
Wednesday 6 March	U14 Girls Glos Cup	Fairfield

## SEND COFFEE MORNING

Key Stage 4 SENDIAS Coffee Morning on  
Wednesday 28 February 2024 at 10:00am -  
11:30am.



This is aimed for parents/carers of key stage 4 students with SEND (whether diagnosed or not diagnosed).

SEND and You SENDIAS (Special Educational Needs & Disability Information Advice & Support) will outline the services they offer and outline how parents/carers can access support for SEND learners. There will be an opportunity to ask questions.

Mrs Jenkins (SENDSCO) and Mrs Cook (Assistant SENDSCO) will also be available to answer questions relating to support in school.

Please confirm your attendance by completing this [form](#) by Tuesday 27 February 2024. Teas and coffees will be provided. Spaces are limited and will be allocated on a first come, first serve basis.

**RISE YOUTH DANCE PRESENTS**  
**REACH:**  
RAISING VOICES

**SATURDAY 23RD MARCH**  
**7:00PM**  
TRINITY ACADEMY SCHOOL

**EVENING 7PM TICKET LINK:**  
[HTTPS://HDFST.UK/E 102961](https://hdfst.uk/e102961)

**RISE YOUTH DANCE PRESENTS**  
**REACH:**  
RAISING VOICES

**SATURDAY 23RD MARCH**  
**2:00PM**  
TRINITY ACADEMY SCHOOL

**MATINEE 2PM TICKET LINK:**  
[HTTPS://HDFST.UK/E 102907](https://hdfst.uk/e102907)

## FOBFS BINGO!

ANYONE FOR BINGO?

Come along, bring some friends to the FoBFS Bingo Night, Friday 22 March. Doors open at 6.30pm, bingo starts at 7pm. There will be a bar, snacks, lots of fun and a chance to win at BINGO! Tickets £7 each.



**[CLICK HERE TO BOOK!](#)**

# NHS MISS NORTON CAREERS LEAD EMPLOYER TALKS



This morning, Helena Sakota joined us for this weeks employer talk.

Helena is a severe asthma specialist pharmacist at Southmead Hospital. She talked to students about the role of pharmacists and busted the myth that all pharmacists work in high street pharmacies.

Helena talked about the huge range of settings that pharmacists can work in, including the military, prisons and in veterinary. She explained how different skills are needed to work in each of these areas for example if you work in industry, attention to detail and strong analytical skills are needed, whereas in the community teamwork and good customer service are crucial.

She talked about the qualifications needed to study pharmacy at university and explained her journey into her current role.

Students from Year 9 - 13 who attended the talk will be able to access the slides she used on Unifrog by going to 'interactions' where they will see a log of their attendance to the talk.



## UPCOMING EMPLOYER TALKS

- Friday 1 March - Health and Social Care
- Friday 8 March - Basketball and Physiotherapy
- Friday 15 March - Aviation with BA Pilot
- Friday 22 March - Engineering and Infrastructure with Bristol Airport

## PARENT NOTICE! SPORTS FACILITIES DEVELOPMENT GROUP!

BFS is keen to explore opportunities to develop outdoor sports facilities (e.g. all weather/astro sports pitches). To support the school with this, we are seeking parents that may have an interest in joining a sport facilities development group which is being set up by a BFS parent. If you have any particular experience or skills in the development and funding of such projects, or if you are a town planner, quantity surveyor, commercial lawyer or simply have time and enthusiasm to help out, then please do get in contact with Pete Thomas at [pete\\_thomas99@hotmail.com](mailto:pete_thomas99@hotmail.com)



## WORLD BOOK DAY WEEK

Max Minervas will be hosting a book fair in the library 11:50 – 1:20 on Wednesday 6 March. There will be a selection of books for all year groups. Cash, card and world book day book tokens will be accepted.

WORLD  
**BOOK  
DAY**  
7 MARCH 2024



**Max Minerva's**  
Marvellous books & more

### Digital Tokens

Our digital £1/€1.50 World Book Day tokens are available to download. Download them by clicking the buttons below.

 World Book Day /



# BFS HOUSE PARLIAMENT

## House Parliament

Report by Lauren B (Y7):

**The House Parliament was pleased to be joined by Mr Fernandes for Q&A session about homework, exams and progress.**

We talked about ways that we could reduce the amount of homework that is set over holidays as those are busy times. Sometimes students were unclear about what to do for a piece of homework and that some students didn't feel they had enough time to complete their homework. Mr Fernandes responded that he would remind teachers to aim to give students a week to complete each homework and to make sure they go through the homework instructions during the lesson.

We also asked Mr Fernandes about why all students were doing oracy activities in lessons when some students feel too shy. He answered that it was designed to help us feel more confident in speaking in front of others and that it was an important life skill for all.

Finally, we asked about why younger students, such as Year 7s, do some of their assessments in the Sports Hall because some students find that scary. Mr Fernandes said that we needed to get experience of being in exam conditions so that we found it less daunting when we took our GCSEs and that a little bit of nerves before an assessment can be a normal response to wanting to do well (and can help you to understand the importance of exams).



# CONGRATULATIONS

## ARCHIE!

On Saturday 11 February, our very own Archie P (9TG6) sprinted his way to a **bronze** medal at the England National Finals for the 300m race! Archie initially started running when he started BFS. What's even more jaw-dropping, he laced up his running shoes just six months ago and dived headfirst into sprinting training. Congratulations Archie on your hard work and amazing result!



# BFS RELIGION AND PHILOSOPHY



MRS STEELE

Year 10 are sitting their second mock exam for their Short Course GCSE in Religious Studies on **Thursday 29 February at 9am**. They are working incredibly hard in lessons to ensure they make good progress from Mock 1 and act on feedback. This will be their final full practice paper before they sit the real exam on **Thursday 16 May**, and it's important they are revising for this at home.

EXAM!



We follow the AQA specification and study Christian Beliefs and Teachings, Islamic Beliefs and Teachings, Relationships and Families, and Religion, Peace and Conflict. You can find out more about the course specification here: [AQA | GCSE | Religious Studies: Short course | Specification at a glance](#)

## REVISION AND RESOURCES

Revision and resources can be found in the following locations in addition to work set on Bromcom by class teachers:

- **BFS website homepage** – you will find a daily practice question here.
- **Follow @bfs\_rp\_and\_pshe on Instagram** - you will also find a daily practice question here.
- **Knowledge booklet** – all students should have a copy of this at home and should be learning the key content and quotes from this.
- **Seneca** – assignments may be set on here as homework, but students can access it at any time and complete their own chosen revision tasks.
- **[BBC Bitesize - GCSE Religious Studies - AQA - BBC Bitesize](#)**

We thank you for your continued support in helping students to achieve a good grade in this important qualification a whole year early. It will serve as excellent preparation for their other GCSE exams in Year 11.

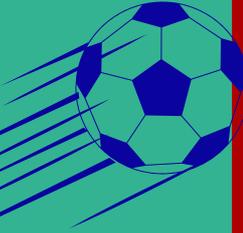
Please get in touch with Mrs Steele via [admin@bristolfreeschool.org.uk](mailto:admin@bristolfreeschool.org.uk) if you have any questions.





MRS BALLARD

# BFS SPORT



During the half term, three of our Year 10 students - Isla, Emily and Chloe attended a training camp and represented England in the U15 English Schools squad. They played a friendly against ISFA (Independent Schools FA). They comfortably beat them 4-1 with both Chloe and Emily getting on the scoresheet and Chloe captained the team. The girls have a training camp next month where they will represent England and play against Scotland, Ireland and Wales. What superstars, we wish them all the luck and can't wait to hear how they get on!

## GIRLS CRICKET OPPORTUNITY



### YOUR INVITATION TO JOIN OUR MCCF HUB IN North Somerset (GIRLS)

• **VENUE:** Merchants' Academy [BS13 9BJ]

• **DATES:** Sessions: 1st, 8th, 15th, 22nd, 29th March  
3rd, 5th, 12th, 19th, 26th April  
Times: 5:30-7pm

#### ELIGIBILITY

Aged 10-16

Attend a state school

Committed to putting 100% effort into all training sessions

Does not currently play in a County Team



#### APPLY

Thinking about it? Email the Hub Manager for more info:

[Thomb@somersetcountycc.co.uk](mailto:Thomb@somersetcountycc.co.uk)

Ready to go? Scan the QR code and register your interest by:

28th February 2024

#### WHAT IS AN MCCF CRICKET HUB?

MCC Foundation (MCCF) runs a network of more than 120 cricket Hubs serving some 4,000 young players across the UK. Our Hubs provide free-to-access coaching and match play for state-educated cricketers aged 10-16.

- **Introduction to hardball, development and performance girls-only sessions available at this Hub!**
  - Have fun whilst being supported to reach your full potential on and off the cricket pitch
  - 10 weeks of high-quality intensive cricket coaching during the winter
    - Match play and talent ID opportunities over summer
  - Cricket+ including S&C, mental health and nutrition support
    - Completely **FREE** to attend





## SUPERBUGS ARE A GLOBAL THREAT 1 ... BUT IT'S NOT TOO LATE TO 'JOIN THE FIGHT' AGAINST THEM!

Pfizer's 'Superbugs: Join the Fight' needs your help to stop the spread of disease and reduce the rise of superbugs. Newly discovered diseases mean that all countries and people need to work together to stay safe and healthy.<sup>1</sup> To win the fight against superbugs, we don't just need doctors, we all need to play a part. You can help by being creative and raising awareness.

### COMBATING SUPERBUGS

If we all work together, we can help stop the spread of disease. Hopefully you have been learning about superbugs in school and the four simple-but-effective ways you and your families can try to protect yourselves:

1. Keep yourself clean and healthy<sup>2</sup>
2. Keep the places around you clean<sup>3</sup>
3. Use medicines correctly<sup>4</sup>
4. Spread the word<sup>5</sup>



### THE PRIZE

See your winning design come to life! Win a fantastic in-school creative workshop that will help develop your idea into something powerful that can change the world. There are also exciting prizes for our runners-up.



## IT IS NOW TIME FOR YOU TO BE CREATIVE AND RAISE AWARENESS YOURSELVES. CREATE A SUPERHERO THAT CAN HELP THE WORLD CONQUER THE SUPERBUG SUPERVILLAIN.

Use what you have learnt about antibiotics to design a superhero that is capable of defeating the superbug supervillain. You must give your superhero a name and a slogan, and explain what powers they have to fight superbugs. To be in with a chance of winning, be original! Draw and label your superhero on the next page and submit it to the 'Superbugs: Join the Fight' competition.

### HOW TO SUBMIT YOUR COMPETITION ENTRY:

Each individual must submit their competition entry by **5pm on Friday 3rd May 2024**. You can enter by asking your teacher or guardian to scan or send a high quality image of your entry to [superbugs@nationalschoolpartnership.com](mailto:superbugs@nationalschoolpartnership.com) or send via post to:

**We Are Futures,  
Superbugs: Join the Fight,  
1 Paris Garden,  
SE1 8ND.**

For full terms and conditions please visit:

[nationalschoolpartnership.com/superbugs-tcs5](https://nationalschoolpartnership.com/superbugs-tcs5)

**The judges will be looking at 3 main areas:**

**Originality:** Have you used original and creative ideas to design your superhero?

**Relevance:** Does your design include scientific information from the 'Superbugs: Join the Fight' campaign?

**Engagement:** Does your superhero have a creative way of spreading the word to others?



1. <https://www.who.int/news-room/fact-sheets/detail/antimicrobial-resistance>, Accessed September 2023
2. <https://www.hey.nhs.uk/patient-leaflet/hand-hygiene-information/>, Accessed September 2023
3. <https://www.gov.uk/government/publications/health-protection-in-schools-and-other-childcare-facilities/preventing-and-controlling-infections>, Accessed September 2023
4. <https://www.who.int/news-room/fact-sheets/detail/antibiotic-resistance>, Accessed September 2023
5. <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC8313517/>, Accessed September 2023

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