

#### Newsletter





MRS CORRIGAN

YOUTH TALKS

TED Bristol

×= independently organized TED event

Today saw the launch of our Oracy competition "Youth Talks". Youth Talks is a public speaking competition run by BEP, connecting schools across Bristol. It is an opportunity for students to have a platform to communicate their passion for their chosen story - a topic, hobby or activity. To kick start the programme we welcomed Paul Wiseall from Ted X Bristol onsite to explain the scheme in more detail to all students in year 9. He will be back next Friday to launch this with year 12.

All students from year 9 and year 12 are invited to apply and this can be done via a Form on Brom Com. This really is a rare and fantastic opportunity for students to take part in a TedTalks style competition and receive professional training for it.

A massive thank you to Paul for visiting the school and inspiring BFS students.

### KEY DATES

- Monday 22 January Tech Rehearsal for School Musical and Y7 Girls Football Festival
- Tuesday 23 January Tech and Dress Rehearsal for School Musical
- Wednesday 24 January School Musical Performance to Primary Schools (12:30pm), School Musical Performance to Parents (6:30pm), Y12/Y13 MFL Trip and Sixth Form Art Trip to Tate Modern - NO CLUBS/DETENTIONS DUE TO STAFF TRAINING
- Thursday 25 January School Musical Performance to Parents (6:30pm), BEP Student Leadership Session at Badminton School
- Friday 26 January School Musical Performance to Parents (6:30pm) and Moderation Day for Athletics at Oasis John Williams
- Sunday 28 January Model United Nations at BGS

## PARENT/CARER CHRISTMAS ACTIVITY AND FOOD PARCELS

If you received an Activity Pack or Food Parcel from us over the Christmas holidays, <u>please click here</u> and complete a feedback form.

## CHRISTMAS JUMPER DAY CHARITY DONATION

We collected £1,092 for the British Red Cross Israel & Occupied Palestinian Territory Appeal during our Christmas Jumper Day! Thank you to everyone who got involved.

#### YEAR 8 HPV VACINNATIONS

Sirona will be at BFS on Wednesday 31 January to administer Year 8 HPV vaccinations. Full details and timings will be issued next week. In the meantime, to know more about the benefits of the HPV vaccine, please refer to this NHS leaflet.



### careers notices

#### EMPLOYER TALKS University of BRISTOL

This morning, we welcomed Emily Rayfield, Professor of Palaeobiology at the University of Bristol (and BFS Parent!) to discuss careers in Geoscience, Geology and Environmental Science.

She explained the mix of Chemistry, Physics, Biology, Maths, Engineering and Geography that are involved in Geology, and mentioned a few Geoscience topics that the students will have already come across in their lessons, such as natural disasters, ecosystems and radiation.

We got to see the range of careers that are in Geoscience, which traditionally focused on extractive industries, like oil, gas and coal, but has now developed to address the sustainable development challenges we face and is actively part of the solution.

Examples of careers that were given were Hydrogeologists, who protect and manage groundwater resources, working in risk management for natural hazards, engineering geologists who oversee geological aspects of building and development, as well as teaching and journalism.

Emily stressed that there is a real need for geologists, in the UK as well as the global work force, and as a result, entry requirements for Geoscience-related degrees at acclaimed universities are considerably lower than in previous years. As well as degrees, there are also degree apprenticeships and non-degree routes that lead to careers in Geoscience.

Emily also mentioned a helpful website with more information about careers in Geology - <u>click here</u>.



#### **UPCOMING EMPLOYER TALKS**

- Friday 26 January Aerospace Engineering with Stirling Dynamics
- Friday 2 February Robotics at UoB
- Friday 9 February Automotive Apprenticeships with Dick Lovett



# ROLLS-ROYCE LGBTQ+ STEM EVENT



Rolls-Royce Bristol are organising an event to encourage and inspire LGBTQ+ youth who are interested in STEM to be motivated to get into the STEM industry.

The event will consist of a site visit, including the engine build/maintenance workshops and testbeds, as well as conversations with queer colleagues to provide an insight into what it's like to be LGBTQ+ at Rolls-Royce and in the wider aerospace industry. This is an opportunity to open up conversation and answer any questions that attendees may have, as well as build connections for the future.

The event will run for a full day on Tuesday 13
February at the Rolls-Royce site in Patchway, Bristol.
If you are interested in attending, please click here to register interest.

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## RENISHAW VIRTUAL OPEN EVENING



Renishaw are hosting a virtual early careers' open evening on Tuesday 23 January at 6:30pm via Teams.

This event will cover information about Work Experience, Apprenticeships, Graduate and Placement Schemes, as well as hearing from their current early careers' cohort and a Q and A session.

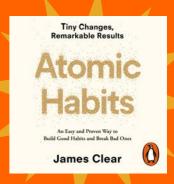
To sign up, please <u>click here</u> or for more information about Renishaw, please click here.

CAREERS@BRISTOLFREESCHOOL.ORG.UK

# POSITIVE HABITS FOR 2024!

In assemblies throughout last week, Mrs King talked about how setting small positive habits and sticking to them every day will add up to big improvements and have a significant impact on your life!

She mentioned 'Atomic Habits' by James Clear, which discusses the importance of building small positive habits into your daily routines, and how easy it can be to make a large and lasting impact on your day-to-day satisfaction.



She also shared a few examples of her idea of '10-minute miracles':



Set your morning alarm 10 minutes earlier than usual. You'll have more time to get prepared for the day.



Spend 10 minutes on a subject you really want to improve on and dedicate extra time to areas you're struggling with.





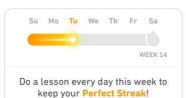
For 10 minutes at lunch or break, make an effort to smile and say 'Hi' to at least 5 other

Other members of staff shared their positive habits too:

#### MR MACBLAIN



#### 113 day streak!





"I started re-learning
German having not spoken
it since my A-level in 1998. I
am now on a 113-day streak
on Duolingo – 10 minutes
every day – and my German
is really coming back to me!"

"I've made an effort this year to read a few pages of a book before bed, rather than being on my phone or watching TV. I'm sleeping better and I'm getting through some really interesting reads!"





MISS TOVEY

WE ENCOURAGE YOU TOO TO TRY AND ADOPT SMALL POSITIVE

HABITS THIS NEW YEAR!

#### THIS WEEK IN ART

#### YEAR 7 KANDINSKY HOMEWORK

In Year 7, we are studying the artist Kandinsky, and over the Christmas holidays, students were asked to create a sculpture inspired by his work. The student responses were varied, exciting and very creative!

They used a range of materials from wood, card, paper, and plastic.

















#### Y10 GCSE PHOTOGRAPHY

Y10 photography students have been learning about shutter speeds and how the camera can be controlled to capture different types of figurative motion.

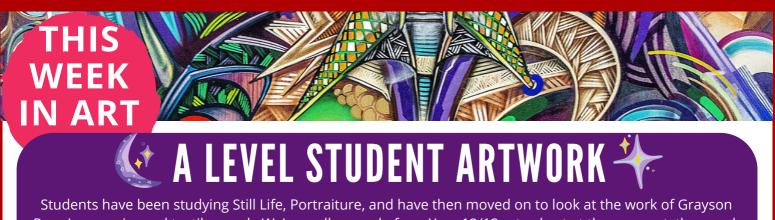
Here are some excellent examples from Y10, where they have explored light painting, jumping and ghostly blurs. Photoshop has been used to enhance imagery with great success.











Perry's ceramics and textiles work. We're really proud of our Year 12/13 art cohort at the moment, they work so hard, produce stunning work and they're also a total pleasure to teach and be around. They are a lovely bunch of extremely talented artists and deserve a shout out:



















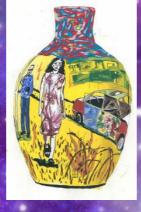
























## HOUSE PARLIAMENT



The House Parliament was delighted to be joined by Mr East for a Q&A session all about the pastoral aspects of the

We asked about how support was given to students who struggle to get to school on time and Mr East explained how the Head of Year works with these students and their families. We were also keen to ask more about the 1minute detention and heard about how this is designed to record when teachers have a quick conversation with a student about their behaviour after the lesson as a method of reflection. Lastly, we were keen to quiz Mr East about the PSHE programme in school, with some of us suggesting more practical lessons in first aid and an increase in the opportunities to discuss the key topics that matter to young people.

## BFS SEND

#### YEAR 11/13 EXAM SUPPORT

We are fortunate to have a specialist SEND teacher at BFS, Ms. Johnson, who works hard with a number of our learners across different year groups. In the lead up to exams she is offering after school support at the following time for our Year 11 and 13 SEND learners.

#### YEAR 11

Revision planning and techniques. How to tackle longer answer English and History questions.

Thursdays 3.15pm - 4.15 pm.

#### YEAR 13

Revision planning and techniques. Unsure where to start with revision and planning? Need to find out which approach works best for you? Ms Johnson is available in CG10 to help you with this.

Thursdays 3.15pm - 4.15 pm.

## YEAR 9 SUBJECT EVENING APPOINTMENTS WITH

## SENDCO, MRS JENKINS

During Year 9 subject evening on Thursday 1
February, there will be a number of appointments with Mrs Jenkins. The aim is to support the options process and answer questions related to SEND learners and the options process.

Appointments will be made available in the usual way through the online booking system. Should you wish to make an appointment please submit your question/query in advance of the evening to the following email address: <a href="mailto:sen@bristolfreeschool.org.uk">sen@bristolfreeschool.org.uk</a>.

Please put Year 9 subject evening in the subject box.

## BFS SPORT



#### YEAR 10 FOOTBALL SUCCESS!

This week, BFS travelled on a cold Wednesday evening to Oasis Brislington.



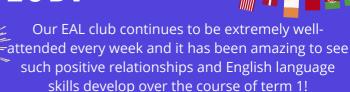
The game started strong with BFS taking the lead after 10 minutes through a corner, taken by Mandir, to Josh C at the back post, which he headed in confidently with the keeper nowhere to be seen. The game continued to be back and forth until a penalty was given early in the second half, as Ben H and Ewan blocked a Bristol City academy player from scoring. Hugo tried his best to save the penalty, but it was converted to the bottom corner. The stalemate at 1-1 continued until with 25 minutes remaining, Mandir, from 25 yards out shot and slotted it past the keeper into the bottom corner.

BFS then saw the game out with defensive excellence and are now through to the second round of the cup. Mandir received man of the match for his excellent display all over the pitch - well done!

#### **UPCOMING FIXTURES**

DATE	YEAR	SPORT	OPPONENT
MONDAY 22 JANUARY	Year 7 Girls	Football 🍪	Multiple Teams - Football Festival
MONDAY 22 JANUARY	Year 9	Rugby 🕖	Sir Thomas Rich's School
WEDNESDAY 24 JANUARY	Year 8 and 10 Boys	Football 👍	Oasis Brislington
THURSDAY 25 JANUARY	Year 9 and 11 Girls	Football 🚱	Blaise High School
THURSDAY 25 JANUARY	Year 9 and 11 Boys	Football 🏠	Oasis Brislington





I would like to say a huge thank you and well done to our amazing Sixth Form volunteers who have consistently given up their time and attended extra training to ensure that their sessions have been fun and engaging for the younger students they have been working with. Their maturity and enthusiasm for these sessions has been outstanding and they really are wonderful ambassadors for our BFS community.



A huge well done also to the KS3 and KS4 students who have consistently been attending these sessions every single week. Their engagement and focus has been impeccable, and it is amazing to see so many younger students grasping this fantastic additional opportunity to steer their mastery of English further. House points have been awarded to weekly attenders!

The EAL club will continue to run for the remainder of this academic year, every week on Wednesdays from 3pm-4pm in DF15 (unless stated otherwise). New and old faces are very welcome to come along for an hour per week for some support with the English language and also make new friends and play some games.





Please speak to Mrs Robbins in DF15 for more details if you would like to participate as a tutor or tutee on this scheme run in conjunction with an external agency called Jacari.

Our Sixth Form mentors are able to help with anything from conversation English to specific grammar practice to 1:1 support with how to approach and structure GCSE questions.





#### Are you thinking about an apprenticeship?

Want to earn while you learn from our incredible Business Professionals? We are offering apprenticeships in areas including Finance, Innovation, and IT.

We are hosting an open day at our Bristol office on **Thursday 1st February 2024 from 10am-2pm**, to give you an insight into the Business Professional apprenticeships we offer! This event is aimed at students in year 12 & 13, however please be aware that apprenticeships in 2024 are only available to students in year 13. Please register your interest by 25 January 2024.

The day will consist of a welcome presentation from the emerging talent team, a talk on 'life as an apprentice'

at the firm, talks from our departments outlining the apprenticeship offering, and information on the application process. You will have the chance to network and ask questions following the talks.

Refreshments and a light lunch will also be provided on the day.

Full details for attending our office will be sent out via email closer to the event.

We look forward to meeting you soon!



Do you want to practise speaking English?
Come to an English Conversation Club.

Czy chcesz ćwiczyć rozmowy w języku angielskim? Przyłącz się do klubu konwersacyjnego English Conversation Club. Ma doonaysaa in aad luqadda Ingiriisiga si fiican ugu hadasho? Kaalay oo ka qaybqaado kulamo gaar ah oo loogu talogalay xoojinta ama horumarinta ku hadalka luqadda Ingiriisiga.

کیا آپ انگریزی بولنے کی مشق کرنا چاہیتے ہیں؟ انگریزی بول چال کے کلب میں تشریف لایں-

Хочеш попрактикувати розмовну англійську? Приєднуйся до англійського розмовного клубу English Conversation Club.

SCAN QR code to find out more



Practise speaking English · Improve your confidence
Meet new people · Term times only · Enjoy fun activities ·

Come and join us at the ESOL Conversation Clubs in locations in Bristol SCAN the QR code or email/text or call the number below

FREE Speaking classes in Bristol | No need to enrol—just turn up! www.esolcc.org or contact Aggie on:



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esolconversationclubs@bristol.gov.uk 07768500673