

Bulletin



GIRLS FOOTBALL SUCCESS!

Our U16 Football Team faced Ashton Park for the semi-final of the Bristol Schools competition this week. Ashton Park started strong and went 1-0 up from a good strike. The opposition continued their dominance and went into half time 4-1 up. Jas scored just before half time to give us some hope but we knew we had a mountain to climb.

The team came out of the blocks explosively and Grace scored to make it 4-2 just after half time. Hollie made it 4-3 from a Teagan corner. With 5 minutes to go, Tia went route one - Teagan anticipated and made a great run and equally great strike to score and end full time at 4-4. What a turnaround!

No extra time was played and we went straight to penalties. Katie, Teagan, Jas, Grace and Daisy stepped up and we won penalties 3-2. What a comeback! We look forward to finding out who our opponents will be for the final.

Congratulations girls!

KEY DATES

- Monday 24 April Y12 Online Post-18 Options Info for Parents event
- Monday 24 April Lunchtime Charity Bake Sale by House Parliament
- Wednesday 26 April Maths Challenge
- Wednesday 26 Thursday 27 April
 Y9 Bronze Practice Expedition
 Group 1
- Thursday 27 April Y12 UCAS Exhibition at ICC, Newport
- Friday 28 Saturday 29 April Y9
 Bronze Practice Expedition Group
 2
- Monday 1 May Bank Holiday

UK EMERGENCY ALERT TEST

On Sunday 23 April 2023 at 3pm, people will receive an test emergency alert from the government to their phones.

The message will be displayed on the home screen of the mobile phone, along with sound and vibration for up to 10 seconds.

For more information, please see the <u>government</u> <u>website.</u>





ATTENDANCE MATTERS

Penalty Notices and Prosecution Penalty Notices can be issued to parents and carers if they fail to ensure the regular attendance of their child at school.

Most commonly, they are issued for unauthorised holidays, but they can also be issues for irregular attendance at school. Penalty notice fines are currently £60 per student, per parent. So, if two parents take a student on an unauthorised holiday, both parents may receive a £60 fine.

Failure to pay a penalty notice may result in a prosecution form the local authority. In cases of poor attendance at school, the local authority may deem prosecution to be a more appropriate measure than a penalty notice. A prosecution can lead to fines of up to £2500 or imprisonment.

Penalty notices and prosecutions are mentioned on attendance letters that we send home to the parents and carers of students with concerning attendance records. This is because the local authority consider it to be best practice to inform parents of the consequences of poor attendance from the earliest point that a concern is raised.

As a school, we prefer to work with parents to solve attendance issues at an early stage and only use prosecution as a final resort.

If you have any concerns regarding your child's attendance, please contact your child's year leader of the Attendance Team.

Many thanks, Attendance Team

STRIKE DAYS

Thursday 27 April

Year Group	Plan for the day			
Year 7	Work set on Class Charts for whole year group and students do not come into school.			
Year 8	Work set on Class Charts preparation for Year 8 assessments - students do not come to school.			
Year 9	Work set on Class Charts for whole year group and students do not come into school.			
Year 10	Students who have Spanish or French exams come to school for the duration of the exam and then go home to revise for other exams. Rest of Year group revise for exams and do not come into school.			
Year 11	Photography Exam will go ahead so students come into school for a 9.00am start of exam. Attend school all day. A detailed letter will follow from Mr Fernandes about the arrangements.			
Year 12	Attend school all day - lessons if teachers are in school or self-study P1 – P3 and UCAS trip P4 to end of day.			
Year 13	Attend school all day - lessons if teachers are in school or self-study.			

Tuesday 2 May

Year Group	Plan for the day				
Year 7	Work set on Class Charts for whole year group and students do not come into school.				
Year 8	Work set on Class Charts preparation for Year 8 assessments - students do not come into school.				
Year 9	Work set on Class Charts for whole year group and students do not come into school.				
Year 10	Work set on Class Charts for whole year group and students do not come into school.				
Year 11	Attend school all day. A detailed letter will follow from Mr Fernandes about the arrangements.				
Year 12	Attend school all day - lessons if teachers are in school or self-study. Invited students attend all day trip to an Oxford College.				
Year 13	Art exam will go ahead so students come into school for 9am start of exam. Attend school all day - lessons if teachers are in school or self-study.				

A letter has been sent out detailing the plans for the upcoming strike days on Thursday 27 April and Tuesday 2 May.

Considerable thought has gone into this, so that we protect Year 11 and Year 13 preparations for public exams and ensure that the Duke of Edinburgh Year 9 Expedition, Year 12 UCAS and Oxford College trip still goes ahead as planned.



'LANGUAGES LOCAL TO YOU' COMPETITION!

Take a photo showing the presence of languages other than English in your local area - shop signs, bilingual street signs, film posters, advertisements and so on. Let your imagination flow!

- Provide a brief caption, describing why and how the language is used ir your chosen photograph (up to 100 words).
- Submit your photo alongside your caption in Word or PDF format to your school – email Mr Nouas at y.nouas@bristolfreeschool.org.uk.
- Language Ambassadors will pick the top 10 entries. The top 10 will then be judged by the MFL team, where up to three entries will be sent via the digital form.
 - Deadline for BFS applications is Wednesday 26 April.





BFS SPORT



MRS BALLARD WELL DONE ARCHIE!

A huge congratulations to Archie P in Year 8 who represented the county of Avon in the UK Sports Hall Athletic National competition.

Archie contributed massively to Avon finishing 3rd overall out of 10 counties that made it to the national finals. His individual results include 3rd in the 4 x 2 lap, 7th in the 2 lap and 7th in shot with a final throw of 9m 13 - very impressive.

Well done Archie - what a superstar!





GOLF COMPETITION

This week, Rosie, Ronan and Jack attended the Avon Schools Championship Golf competition at the Players Club in Bristol. BFS finished 8th out of 17 in the gross, and a very impressive 2nd out of 17, only marginally being beaten by Bristol Grammar School, in the net teams competition. Well played to Jack, Ronan and Rosie for a very creditable performance.

Rosie played exceptionally well individually and ended up winning all of the girls competitions!! She won net U16, gross U16, net U18 and gross U18. This meant she beat all of the girls in the competition which included most of the best girl players in Somerset and Gloucester - congratulations!



THESE CLUBS WILL RUN THROUGH TERM 5 & 6

Monday	Tuesday	Wednesday	Thursday
Athletics		Tennis Y7&8	Y7&8 Rounders
Ms Hussey & Mr Hoile		Ms Urch	Ms Urch & Ms Ballard
Y7&8 Cricket		Y9&10 Cricket	Y9&10 Tennis
Mr Tolman		Mr Tolman	Mr Hoile & Mr Larkin
	No clubs	Y9&10 Rounders	
	due to	Ms Ballard	
	meetings		



MEAT-FREE MONDAY!

The Eco Schools group of the House Parliament has been working on a Meat-Free Monday idea, as we work to create a more ecologically sustainable school community. This week, we had our first Meat-Free Monday, with our catering partners serving a mixed bean enchilada and a falafel and vegetable fajita.







HOUSE CHARITIES BAKE SALE

The House Parliament is running a BFS House Charities Bake Sale during lunchtime on Monday 24 April to raise money for our house charities. Please do encourage your child to bake something and to bring some coins in that day to buy items.

Students can deliver their bakes to the Sixth Form Common Room (DG14) during tutor time on Monday morning (containers labelled with name, house and tutor group), and containers can then be collected from the Sixth Form Common Room at the end of day. All money goes to the student's house charity.

We'll be announcing which house sells the most – and they will gain a big house points boost



Ashton House are raising money for <u>St Peter's Hospice.</u>





BLAISE

Blaise House are raising money for the <u>Children's Hospice</u> <u>South West.</u>





CANFORD

Canford House are raising money for the <u>Bristol Black Carers</u>.





DURDHAM

Durdham House are raising money for the RNLI Lifeboats
Portishead.





BRISTOL AUTISM SUPPORT



AUTISM SUPPORT SESSIONS

MRS PARRY

AUTISM AND SLEEP

Wednesday 19 April 12:00 - 1:30pm

Online information session to help reduce stress around sleep. <u>Click here</u> for more information and to book.



ALL ABOUT AUTISM

Friday 21 April, Wednesday 17 May

This session is for parents and carers who are awaiting an autism assessment for their child, have recently received a diagnosis for their child or those who just generally want to know more about autism. <u>Click here</u> for more information and to book.

WEEKLY IN-PERSON SUPPORT GROUP

Thursdays 10 - 11am, Imperial Sports Ground

This group is for parents and carers of autistic children, no diagnosis required. It is a very casual meeting and we talk about all sorts of things. It is helpful to book and let us know you are coming but you are very welcome to drop in on the day.

<u>Click here</u> for more information and to book.



SUPPORTING SEN PARENTAL CONFLICT

Monday 24 April 10:00am - 12:00pm

Do you argue with your partner? Do you and your co-parent have different opinions on how to support your child? This session is all about how to argue in a helpful rather than harmful way. Click here for more information and to



SENSORY PROCESSING DIFFERENCES WITH BIBIC

Wednesday 17 May 6.30 - 8pm

An online information session looking at Sensory Processing differences delivered by bibic <u>Click</u>
<u>here</u> for more information and to book.
Online Information sessions in May will also include:

- Education support, 10 May 10am
- Self Esteem, 19 May 10am

If you would like further information on these two sessions please email jade@bristolautismsupport.org and booking details will be sent as soon as possible.





MENTAL HEALTH & SAFEGUARDING



Ms Townsend, Mental Mis Mental Health & Safeguarding Support, Advice & Information Health & Safeguarding Medic Manager He



Miss Hastings, Medical and Mental

WEBINARS FOR PARENTS AND CARERS



SUPPORTING A YOUNG PERSON AT EXAM TIMES

Register in advance for this meeting:

Wednesday 3 May 5 - 6pm:

https://annafreud.zoom.us/meeting/register/tJcud e2vqD0qH9N46vVXKpt2l1Xi6hQeuEQV

Thursday 11 May 5 - 6pm:

https://annafreud.zoom.us/meeting/register/tJYlcu qqrjwvE9fKxqQalRRt5tuk5zqslwM4



ANXIETY IN ADOLESCENCE: HOW CAN PARENTS HELP?



Register in advance for this meeting:

Tuesday 9 May 5 - 6pm:

https://annafreud.zoom.us/meeting/register/tJ wrdOqspzwrHdYVhrsI6hl3yTK1RWwTo83v

Monday 15 May 12.15 - 1.15pm:

https://annafreud.zoom.us/meeting/register/tJ pfuysqjlvE9LwkJ5rShm3eToPFzzLfk1-

ADOLESCENT SELF-HARM: HOW TO MAKE SENSE OF IT AND WHEN TO SEEK SUPPORT



Register in advance for this meeting:

Tuesday 2 May 5 - 6pm:

https://annafreud.zoom.us/meeting/register/tJ EudugsrjssGdG-XSDNg39Cf6pUfmxUHXdl

LOW MOOD IN ADOLESCENCE

Register in advance for this meeting:

Tuesday 16 May 12:30 - 1:30pm:

https://annafreud.zoom.us/meeting/register/tJA vd-irgDlvE9laTqNms83Y64Ga9ubPGoAf





MENTAL HEALTH & SAFEGUARDING



Townsend, Mental Miss alth & Safeguarding Medica Manager Hea



Miss Hastings, Medical and Mental

Mental Health & Safeguarding Support, Advice & Information Health & Safeguarding

WEATHERING THE STORMS OF STRONG TEEN EMOTIONS: DO'S, DONT'S AND WHEN TO CONSIDER TALKING TO SOMEONE



Register in advance for this meeting:

Wednesday 3 May 12:30 - 1:30pm:

https://annafreud.zoo m.us/meeting/register/ tJAtd-

<u>2hqTojGtANnoD4Pvh1</u> <u>RB81i0ll4HKs</u>

MANAGING TEEN BEHAVIOUR THAT CHALLENGES: TIPS AND TRICKS

Register in advance for this meeting:

Thursday 11 May 12:30 - 1:30pm: https://annafreud.z

oom.us/meeting/re gister/tJ0kdqupj0oEtdiAtXV_Ahi sXUG0iOl8Kwl



BUILDING RESILIENCE, STAYING CONNECTED, AND NURTURING YOUR RELATIONSHIP WITH YOUR TEEN

Register in advance for this meeting:

Thursday 4 May 5 - 6pm:

https://annafreud.zoom.us/meeting/register/tJcqduqgpz kjEt3RR92Qu1Rb1SIf9VXIHenw

Wednesday 10 May 12:30 - 1:30pm:

https://annafreud.zoom.us/meeting/register/tJAuc-6trDloE9YDK4s_0XzkEFdBriL4r4FK



TELLSOMEONE@BRISTOLFREESCHOOL.ORG.UK





Nursing & Midwifery Careers Day

Saturday 13th May 2023

@ Southmead Hospital

Education Centre BS10 5FN
10:30am to 4:30pm



Aimed at 14 to 25 year olds, there will be a number of talks delivered on pathways into Nursing & Midwifery Careers including A-levels, T-levels, Btecs, Apprenticeships, Degree Programmes and a whole lot more!

Scan the QR Code to Register for the Event