

Newsletter

Dear Parents, Carers and Students

I hope this newsletter finds you well.

**STAND WITH
UKRAINE**

LAST WEEK FOR Y11 & Y13

We have come to the last week of formal school for our Year 11 and Year 13 students. National exams start on Monday 16 May. I have been so impressed with how well they have coped with the uncertainty and pressure of being the first cohort to take exams since the pandemic started in March 2020. We know it is challenging and if they stay calm and keep going, they will be rewarded on results day 25 August.

On behalf of all the staff at BFS, I would like to wish them every success over the next 6 weeks. We look forward to Leavers' Assembly and the Summer Ball.

HEAD STUDENTS

This week I had the privilege of interviewing sixth form students for next year's Head Students – these are very important roles in our school and we are keen for them to lead on many projects to improve the school. I was very ably supported by Mr Smith, Emily S, Ameer, Ben B and Lily, our current head students; thank you for your time and thoughtful insight.



The competition was very fierce and every candidate had a unique set of skills and range of ideas. It was a very hard decision.

Congratulations go to Natalie Lucy, Hugh, and Charlie who will be our Head Students for 22-23.

Please read their brief introductions in this newsletter to learn more about their ideas.

U14 GIRLS FOOTBALL

Another positive this week was meeting the U14 girls' football team who are now the County Champions 2022! I love it when BFS teams win trophies and the girls' success is incredible; they barely conceded a goal throughout their campaign. I am sure we have more to come for this group of talented players. Well done girls - you are amazing!



WALK TO SCHOOL WEEK 2022

Next week is walk to school week and we want to support this by encouraging students to walk to school where they can.

Developing our Eco credentials as a school is very important to the student body so we hope this focus will open up the conversation again. Consider dropping your child off further away from the school gate so we reduce the number of cars on Concorde Drive and encourage walking rather than doing those short journeys.

DOFE

Finally thank you to Mr Wieczorek, Mr Giles and Mr Milstead who have been leading the many Duke of Edinburgh expeditions over the last few weeks. It is great to see young people doing these sorts of activities again and being away from screens and mobile phones.

I hope you enjoy this week's newsletter and have a lovely weekend.



MRS S KING

KEY DATES

- 16 May - Year 8 Exams Start
- 16 May - Year 11 & Year 13 Summer Exams start
- 17 May - Year 9 SubSea Challenge
- 18 May - Year 10 Geography trip to Bristol Harbourside and River Holford
- 21-22 May - Bronze DofE Qualifying Expedition
- 27 May - End of Term 5
- 6 June - Start of Term 6
- 5 July - Sixth Form Summer Ball
- 6 July - Y11 Summer Ball



ATTENDANCE MATTERS MEDICAL APPOINTMENTS

If possible, please book medical appointments outside of school hours. Although medical appointments are generally authorised, they still count as an absence in a student's attendance record.

If a medical appointment is unavoidably in school hours, please email proof of the appointment to admin@bristolfreeschool.org.uk at least 24 hours prior to the appointment.

Proof can be email / text confirmations or photos of appointment slips / letters. Please also state the time that you will be collecting the student from the Student Gate.

Please collect students by buzzing at the Student Gate. It is the responsibility of the student to be at Student Services to sign out at the collection time.

DOFE HIGHLIGHTS!

- All 128 of our Y9 Bronze DofE students successfully completed their practice expeditions over the last fortnight
- Our expedition providers H5 were very impressed with the navigation, teamwork and campcraft skills of our students.
- Students cooked some elaborate meals, including hot dogs (pictured) and a full fry-up on the Saturday morning!
- A field full of cows in the final kilometre was the last hurdle before the finish line! Some teams chose to make a dash through the middle, while others took a more cautious approach round the edge.
- Hopefully the students have some things to reflect on and will be able to leave some items behind/pack some sorely missed essentials for their qualifying expeditions.



BFS SIXTH FORM



MR SMITH

OUR NEW HEAD STUDENTS



CONGRATULATIONS

On Thursday 5 May we held this year's Head Student interviews. The role of Head Student is given each year to between two and four Year 12 students who have made a significant contribution to the school over the course of their six years here. They all have a strong vision of how they would contribute to the schools further flourishing. The roles last for one year and involve leading subcommittees of our House Parliament (on issues as diverse as reducing the school's impact on the environment to furthering our work in the area of equality and diversity).

Applicants were asked to submit their responses to a set of questions about why they would be good for the role and then were interviewed by Mrs King, Mr Smith and their predecessors as Head Students. The field this year was particularly strong with many candidates speaking passionately about their areas of contribution and influence - from applicants who wanted to ensure that disabled students across the school felt fully included in the wider life of the school to applicants who wanted to increase students' understanding of how to revise and prepare for exams. After much deliberation, we are pleased to announce our new Head Student team.



CHARLIE, Y12
HEAD OF DURDHAM HOUSE

LEADING THE EVENTS AND
COMPETITIONS SUB-COMMITTEE

STUDYING ECONOMICS,
GEOGRAPHY, PSYCHOLOGY AND
CORE MATHS



LUCY, Y12
HEAD OF BLAISE HOUSE

LEADING THE EQUALITY AND
DIVERSITY SUB-COMMITTEE

STUDYING MATHS, SOCIOLOGY,
ECONOMICS AND POLITICS



NATALIE, Y12
HEAD OF ASHTON HOUSE

LEADING THE COMMUNITIES AND
MENTAL HEALTH SUB-COMMITTEE

STUDYING FASHION AND
TEXTILES, ART, PSYCHOLOGY AND
CORE MATHS



HUGH, Y12
HEAD OF CANFORD HOUSE

LEADING THE ECO SCHOOL SUB-
COMMITTEE

STUDYING GEOGRAPHY, BIOLOGY,
CHEMISTRY AND CORE MATHS

BFS SIXTH FORM



MISS BARNES

OXFORD TRIP

On Monday 9 May, a group of Year 12 students travelled to a very sunny Oxford to have a look around Merton College and the university. In the morning, students had a talk about life at

Oxford and got some top tips on how to make competitive applications. They also got to the chance to ask questions to current students and find out some insider knowledge about what it takes to make a successful application and what life at Oxford is really like. After a stopping for lunch, which was a picnic in the beautiful grounds of the college, students were given a tour of the college. Highlights included seeing the table where J. R. R. Tolkien wrote some of Lord of the Rings and being able to see the college choir practising in the chapel!



IF YOU'RE CONSIDERING APPLYING FOR OXBRIDGE, THE ADVICE FROM CURRENT STUDENTS INCLUDED:

- Practise talking about your subject as much as possible with anyone who will listen
- Practise talking through solutions or discussing different things you have read or watched
- Read around your subject to show you've got a real passion for it
- Practise admissions tests as much as possible
- Don't stress about interviews! The university is just trying to assess your potential and not trying to trip you up or catch you out



BFS SIXTH FORM



MISS NORTON

UCAS EXHIBITION

On Friday 29 April, Year 12 attended the UCAS Exhibition which this year was held at SGS college, WISE campus. Over 150 universities and many apprenticeship providers were in attendance, and it was a great opportunity for students to find out more about their options for higher education. During tutor time sessions this year, Year 12 have been researching their future pathways and they came prepared to the exhibition to talk to the representatives from universities that they are considering.

Over the next term, Year 12 will begin preparing their applications for university and apprenticeship courses.



CELEBRATION FOR THE LIFE SKILLS PROGRAMME

For the last two years, this group of students have been busy working their way through a selection of life skills challenges. Now, in Year 11, they have completed a range of tasks from cooking and ironing to writing a CV and preparing for an interview. These young people have worked incredibly hard, demonstrating a commitment and enthusiasm for each new challenge. Together, we have discovered new skills and hidden talents but perhaps most impressive is how they have worked as a team. The support they have shown one another has been a joy to witness; sharing prior knowledge and individual experiences to facilitate another student's success.



This week we held a celebration to congratulate them on their achievement. Mrs King joined us in the LRC for a hot chocolate and to present the certificates. We are very proud of them and wish them all the very best of luck for their exams and the future.

WESAK 2022

WESAK DAY IS A HOLY DAY FOR BUDDHISTS. SOME BUDDHISTS CONSIDER WESAK TO BE THE HOLIEST DAY IN THE BUDDHIST CALENDAR.

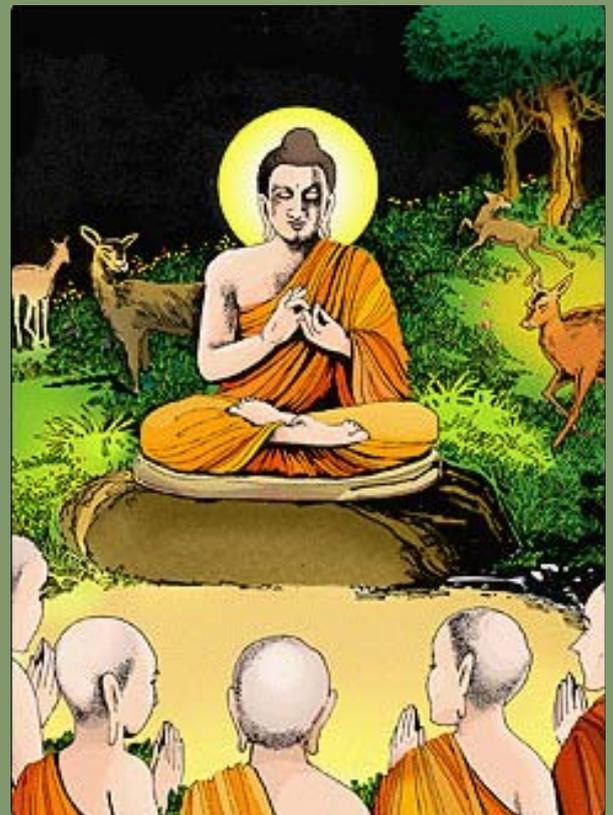
HOLY DAY FOR BUDDHISTS

Wesak Day is a Holy Day for Buddhists. Some Buddhists consider Wesak to be the holiest day in the Buddhist Calendar.

The Buddha's birthday is observed annually on the Sunday nearest to the full moon in May. It is a holiday observed by Buddhists across the world, though the exact date may differ from country to country

Wesak reminds Buddhists of the importance of the life of the Buddha and the importance of his teachings. It is a time of celebration and reflection.

Wesak gives Buddhists the opportunity to think about what they can learn from the Buddha's life. The Buddha left behind his life as a Prince, a life of luxury and excess, to live a simple life seeking enlightenment.



THE BUDDHA TAUGHT THAT THE NOBLE EIGHTFOLD PATH IS THE WAY TO END SUFFERING.

THE NOBLE EIGHTFOLD PATH

1. RIGHT UNDERSTANDING
2. RIGHT THOUGHT
3. RIGHT SPEECH
4. RIGHT ACTION
5. RIGHT LIVELIHOOD
6. RIGHT EFFORT
7. RIGHT MINDFULNESS
8. RIGHT CONCENTRATION

FIND OUT MORE!

<https://www.officeholidays.com/holidays/wesak-day>

<https://www.bbc.co.uk/bitesize/guides/zd8bcj6/revision/1>



THIS WEEK IN ART



MRS KINNERSLEY

YEAR 10 -2D & 3D WORK

Y10 did extremely well during their mock exam and there was some wonderful work happening. It was so lovely to see a mix of 2D and 3D work.



HOW TALENTED
ARE OUR
STUDENTS!

CERAMIC TILES BY Y8



Y7 TONAL DRAWING



BFS MFL THE LANGUAGE AMBASSADOR SCHEME



DARIO, Y10

EXTINCT COUNTRIES

Even though today's world has a lack of geographical movement, it is often easy to forget that there are many states that once were, but no longer are. May it be due to wars or colonisation, the world's borders have looked drastically different across the ages, and have left many interesting states to disappear forever. Now I hope to revive them for your pleasure to shed some light on these bizarre extinct countries.

THE REPUBLIC OF COSPAIA:

ITALY DURING THE MIDDLE AGES WAS MUCH DIFFERENT FROM THE COUNTRY WE KNOW AND LOVE TODAY, FOR THE REUNIFICATION OF ITALY DID NOT OCCUR UNTIL THE 19TH CENTURY, INSTEAD, WHAT WE NOW KNOW AS ITALY, WAS SPLIT INTO MANY SMALL KINGDOMS. AND OF THESE, TWO: THE PAPAL STATES (LAND GIVEN TO THE POPE BY THE HOLY ROMAN EMPEROR) AND THE REPUBLIC OF FLORENCE, IN ONE OCCASION, INTERCHANGED LAND UPON SELLING SUCH TO FLORENCE. HOWEVER, A CONFUSION IN THE DOCUMENT LED TO THE INDEPENDENCE OF THE SMALL TOWN OF COSPAIA. THIS WAS BECAUSE, THE DOCUMENT HAD IMPLIED THE BORDER TO BE A RIVER SIMPLY NAME 'RIO' BUT HAD FORGOTTEN TO MENTION, UPON A SPLIT IN THE RIVER (BOTH SIDES MISTAKINGLY ALSO BEING CALLED 'RIO') WHICH SIDE WAS WHOSE, AS THIS FORK CREATED AN ISLAND OF SORTS WHERE COSPAIA WAS LOCATED.

THEREFORE WITH INDECISION, UPON WHO WAS TO OWN THE LAND, COSPAIA DECLARED ITSELF INDEPENDENT AND SO IT STAYED FOR 400 YEARS. DURING ITS TIME, IT MONOPOLISED ITS SITUATION BY PRODUCING TOBACCO, WHICH IN OTHER STATES WAS BANNED, AND DUE TO ITS FREE NATURE IT BEGAN ATTRACTING ILLICIT ACTIVITY AND FUGITIVES, EVENTUALLY CAUSING IT TO BE ABSORBED BY THE PAPAL STATES AS IT WAS BEGINNING TO GET OUT OF HAND. HOWEVER, REGARDLESS OF ITS ABSORPTION, THE INHABITANTS WERE COMPENSATED WITH A PAPAL SILVER COIN AND THE PRIVILEGE OF THE TOWN TO CONTINUE THE PRODUCTION OF TOBACCO (ONLY UP TO HALF A MILLION TOBACCO LEAFS A YEAR)



NEUTRAL MORESNET:

IN THE AFTERMATH OF THE CHAOS THAT WAS THE NAPOLEONIC WARS, EUROPE'S BORDERS HAD TO BE REDRAWN, AND YET AGAIN A PROBLEM WAS FACED WITH WHOM A TERRITORY SHOULD GO TO. IN THIS CASE THE PERPETRATORS WERE PRUSSIA AND THE NEWLY DELEGATED KINGDOM OF THE NETHERLANDS OVER THE DISTRICT OF MORESNET , AS ITS ZINC MINE WAS THE ONLY OTHER APART FROM BRISTOL. AS THEY COULD NOT DECIDE TO WHOM THE MINE SHOULD BE CEDED TO, THEY NAMED THE TRIANGLE-BORDERED AREA NEUTRAL TERRITORY WHERE BOTH ARMIES COULD NOT ENTER BUT BOTH COUNTRIES COULD SHARE DUAL DOMINION OF. THE LIFE IN NEUTRAL MORESNET, WAS MAINLY DOMINATED BY THE LOCAL MINING COMPANY: VIEILLE MONTAGNE, ITS MAIN INCOME BEING THE EXPORT OF ZINC. THAT WAS NOT THE ONLY APPEAL OF MORESNET AS, THEIR SITUATION MEANT LOW TAXES AND, AS CITIZENS WERE TECHNICALLY STATELESS, AN EXEMPTION FROM MILITARY SERVICE AS THEY DID NOT HAVE ONE (WHICH LED TO PROBLEMS OF IMMIGRATION FROM NEARBY COUNTRIES IN AVOIDANCE OF MILITARY SERVICE, LATER FIXED BY BELGIUM IN 1854: CONSCRIPTING CITIZENS WHO HAD FLED TO MORESNET AND LIKEWISE IN PRUSSIA IN 1874 . HOWEVER, WHEN THESE MINES RAN OUT, THEY HAD TO COME UP WITH IDEAS TO CONTINUE THE ECONOMY. SOME SUGGESTIONS, INCLUDED, THE ESTABLISHMENT OF A CASINO IN AUGUST 1903 (A PLAN THAT WAS STOPPED BY THE HERMAN WHEN THEY THREATENED TO PARTITION THE TERRITORY, A THREAT DONE IN ORDER TO STOP THE GAMBLING), THE PRODUCTION OF GIN MADE FROM THREE DISTILLERIES, AND EVEN THE ATTEMPT OF FOUNDING THE FIRST COUNTRY WITH ESPERANTO AS ITS OFFICIAL LANGUAGE (EVEN BEING DECLARED THE WORLD CAPITAL OF THE ESPERANTO COMMUNITY AT THE WORLD CONGRESS OF ESPERANTO IN DRESDEN).

REGARDLESS OF THESE EFFORTS WHEN WW1 CAME, NEUTRAL MORESNET, EVEN THOUGH ORIGINALLY LEFT CLEAR WAS ANNEXED BY PRUSSIA ON 27 JUNE 1915, AND AFTER THE TREATY OF VERSAILLES, ANNEXED BY BELGIUM THEREFORE ENDING THE HISTORY OF THIS SMALL NATION.

BFS MFL THE LANGUAGE AMBASSADOR SCHEME



KINGDOM OF TAVOLARA:

EVEN THOUGH THIS KINGDOM COULD BE ARGUED TO NOT BE EXTINCT AS ITS RULERS CLAIM IT TO STILL BE A KINGDOM, DUE TO ITS QUESTIONED NATURE, I WILL PLACE IT IN THIS LIST. THE ISLAND NATION OF TAVOLARA, WAS SAID TO BE FIRST INHABITED BY GIUSEPPE CELESTINE BERTOLEONI POLI (WHO BOTH WANTED TO BE THE FIRST ON THE ISLAND, AND ESCAPE CHARGES OF BIGAMY FOR MARRYING HIS TWO SISTERS) WHO CAME FROM THE NEARBY ISLAND OF LA MADDALENA (SARDINIA, ITALY) AND LATER INVITED HIS TWO FAMILIES TO COME. HE HAD DECLARED HIMSELF KING AND THEN HAD SETTLED THERE DEVOTED TO BREEDING 'GOATS WITH THE GOLDEN TEETH' (SO KNOWN DUE TO THE GOLDEN COLOUR OF THEIR DENTAL ARCHES WHICH THEY HAD DEVELOPED FROM EATING SEAWEED AND LICHEN). WHEN THE KING OF SARDINIA, CARLO ALBERTO OF SAVOY, HAD HEARD OF THESE PRIZED GOATS WHILST ON A HUNT, HE VISITED THE ISLAND GREETED BY THE SON OF GIUSEPPE WHO HAD RECEIVED HIM AND HAD INTRODUCED HIMSELF AS 'KING OF TAVOLARA' OFFERING THE KING BEDDING AND FOOD FOR SEVERAL DAYS, IN HIS 'MODEST COURT' AND HAD HELPED HIM HUNT SOME GOATS. UPON REMINISCING ABOUT HIS ENCOUNTER UPON LATER TIME, HE ENTRUSTED HIS GENERAL, LA MARMORA, TO RETRIEVE SOME OF THESE FINE GOATS. HOWEVER THAT WAS NOT THE ONLY THING THAT THE GENERAL DID, AS AFTER SOME TIME, HE ALSO ISSUED AN ORDER OF EXPROPRIATION SINCE THEY HAD NO OFFICIAL DOCUMENT TO SUGGEST THEIR SOVEREIGNTY OVER THE ISLAND. PAOLO HOWEVER, WENT TO TURIN IN PERSON TO MEET WITH CARLO, WHO REASSURED HIM OF THE SAVOY'S RECOGNITION OF THE KINGDOM, AND THEN DRAFTED A ROYAL SCROLL CONFIRMING THEIR INDEPENDENCE. SOON LATER, PAOLO DRAFTED THE FAMILY'S ARMS AND THAT OF TAVOLARA CEMENTING THE BEGINNING OF THE KINGDOM. AS TIME PASSED, NEWS OF THE ISLAND REACHED QUEEN VICTORIA HERSELF WHO, WANTING TO PHOTOGRAPH THE WORLD LEADERS, ORDERED SOME NAVAL OFFICERS TO PHOTOGRAPH THE FAMILY, WHICH ONCE DONE SHE HAD DISPLAYED AT BUCKINGHAM PALACE. AFTER SOME TIME, THE KINGDOM REMAINED FAIRLY NEUTRAL AND PEACEFUL YET BEING INTERRUPTED BY A NATO BASE INSTALLATION IN 1962 EFFECTIVELY ENDING THEIR INDEPENDENCE. REGARDLESS, THE ISLAND NOW HOSTS A LARGE NUMBER OF TOURISTS AND ITS CURRENT RULER ANTONIO (TORINO) BEROLEONI ENJOYS BOTH BEING KING AND RUNNING A FAMILY RESTAURANT.

THE ISLANDS OF REFRESHMENT:

EVEN THOUGH THE TRISTAN DA CUNHA (THE ORIGINAL AND CURRENT NAME FOR THE MAIN ISLAND OF THIS ARCHIPELAGO) WAS ORIGINALLY DISCOVERED BY THE PORTUGUESE NAVIGATOR OF THE SAME NAME IN 1506, IT IS NOT KNOWN IF IT WAS FORMERLY SETTLED UNTIL THE EARLY 19TH CENTURY WHEN THE FIRST PERMANENT SETTLERS CAME ON A BOSTON SHIP (HOWEVER THE FIRST SETTLERS DID FIND TRACES OF OLDER SETTLEMENT AS THEY FOUND WILD GOATS AND PIGS ON THE ISLAND). THE FIRST SETTLERS INCLUDED ONLY THREE PEOPLE: JONATHAN LAMBERT, LATE OF SALEM, HIS EMPLOYEE THOMAS CURRIE OR TOMASSO CORRI, AND ONE NAMED WILLIAMS, WHO WERE LATER JOINED BY A FOURTH SETTLER ANDREW MILLET. LAMBERT THEN DECLARED HIMSELF RULER OF THE ISLAND, RENAMING THE ISLANDS AS FOLLOWS: THE MAIN ISLAND, 'ISLAND OF REFRESHMENT', INACCESSIBLE ISLAND 'PINTARD ISLAND' AND NIGHTINGALE ISLAND 'LOVEL ISLAND'. HOWEVER, AFTER ONLY 5 MONTHS, LAMBERT, WILLIAMS AND MILLET ALL DROWNED WHILE FISHING ON MAY 17 1812, LEAVING TOMASSO ALL BY HIMSELF, UNTIL TWO MORE MEN JOINED HIM SOON AFTER. EVENTHOUGH THEIR ATTEMPTS AT GROWING VEGETABLES AND BREEDING PIGS CAME WITH MINIMAL SUCCESS, THEY WERE EVENTUALLY ANNEXED BY BRITAIN AFTER THE STRATEGIC POSITION THE ISLAND HELD FOR THEIR ENEMIES DURING THE WAR OF 1812 WHICH WAS BEING USED TO PREY ON BRITISH MERCHANT SHIPS. THE FORMAL PROCLAMATION OF SUCH ANNEXATION HOWEVER DID NOT OCCUR UNTIL AUGUST 14 1816, PARTLY TO INCORPORATE THE ISLAND AS A BASE OF VIGILANCE OVER NAPOLEON IN HIS PRISON OF SAINT HELENA. EVENTHOUGH THIS IS TRUE, IT SOON BEGAN TO BECOME POPULATED AGAIN AFTER TOMASSO CORRI DIED OF DRINK AROUND THE 1820S. EVEN THOUGH MOST OF THE BRITISH GARRISON HAD LEFT, A SCOTTISH CORPORAL AND HIS WIFE ASKED TO STAY AND THEN SOON AFTER WITH THE ADDITION OF MORE, THE COMMUNITY BEGAN GROWING. HOWEVER ITS ISOLATION STILL MADE ITS POPULATION QUITE SCARCE, LIMITING ITS POPULATION TO ONLY 7 FAMILY NAMES OF THOSE FIRST EARLY SETTLERS (SINCE THE SCOTTISH CORPORAL) (7 FAMILIES): GLASS, GREEN, HAGEN, LAVERELLO, REPETTO, ROGERS AND SWAIN.





BFS SPORT



CELEBRATING SPORTING SUCCESS

MRS BALLARD



FANTASTIC ACHIEVEMENT!

CONGRATULATIONS TO LILIA, MAX, KOFI AND LAILA IN Y7 WHO TOOK PART, AS A TEAM, IN THE @SCHOOLTRIATHLON EVENT. THE TEAM CAME FIRST AND RAISED 400 POUNDS FOR @RESTLESSDEV, A CHARITY THAT MENTORS YOUNG PEOPLE TO LEAD CHANGE IN THEIR COMMUNITIES. WHAT EXCELLENT AMBASSADORS FOR BFS!



WELL DONE ROSIE!

ROSIE COMPETED IN THE RECENT GLOUCESTER COUNTY GOLF CHAMPIONSHIPS. IT IS MADE UP OF THE BEST UNDER 18 GIRLS IN THE COUNTY. ROSIE SHOT 86 AND FINISHED IN 6TH POSITION WHICH IS A FANTASTIC ACHIEVEMENT CONSIDERING SHE IS 12 YEARS OLD AND COMPETING AGAINST GIRLS UP TO THE AGE OF 18. IN ADDITION TO THIS, ROSIE WON THE NET COMPETITION WITH A SCORE OF 64. WELL DONE ROSIE!!

ATHLETICS NEWS

TWO OF OUR STUDENTS ATTENDED THE Y7&8 COUNTY SPORTS HALL ATHLETICS CHAMPIONSHIPS THE WEEKEND BEFORE LAST. BOTH OF THEM ARE COUNTY CHAMPIONS!

ROSIE, Y7 WON THE VERTICAL JUMP. SHE WAS 3RD OVERALL OUT OF Y7S AND Y8S!

IMOGEN, Y8 WON THE SHOT PUT. HER THROW WAS OVER 1.5M FURTHER THAN THE REST OF THE COMPETITORS (AS WELL AS FURTHER THAN ALL THE Y9 AND 10 ATHLETES TOO!).

CONGRATULATIONS BOTH!



Avon Schools Athletics Association

ATHLETE NOMINATIONS FOR AVON SCHOOLS TEAM

THE BRISTOL SCHOOLS ATHLETICS COMPETITION IS NOT TAKING PLACE THIS YEAR. SCHOOLS HAVE THEREFORE BEEN ASKED TO NOMINATE ATHLETES FOR THE AVON SCHOOLS TEAM SELECTION PROCESS. TO MAKE NOMINATIONS, WE WILL NEED YOUR CHILD'S TIMES AND DISTANCES FOR THEIR PREFERRED EVENTS. THEY WILL ALSO NEED TO BE AVAILABLE ON SATURDAY 18 JUNE AND BE ABLE TO GET TO EXETER FOR THE SOUTH WEST SCHOOLS COMPETITION IF SELECTED.

IF YOUR CHILD WOULD LIKE TO BE NOMINATED, PLEASE ASK THEM TO SEE MRS WYNNE-JONES IN THE PE OFFICE BEFORE FRIDAY 20 MAY SO THAT NOMINATIONS CAN BE SUBMITTED BEFORE THE DEADLINE

BFS MUSIC



MR PATE

THIS WEEK IN MUSIC...

THIS WEEK WE WERE VISITED BY A HIP HOP PRODUCER NAMED OMARI WHO WORKS WITH OUR LOCAL MUSIC HUB BRISTOL BEACON. HE CAME IN TO WORK WITH GROUPS OF STUDENTS ACROSS ALL YEAR GROUPS WHO ARE INTERESTED IN PRODUCING THEIR OWN RAP, GRIME, DRILL, DANCE MUSIC AND MORE! HE TOLD US A BIT ABOUT HOW HE STARTED MAKING MUSIC FROM A YOUNG AGE, AND THE AMAZING ARTISTS HE HAS WORKED WITH OVER THE YEARS AS A PRODUCER AND TOURING DJ. HE THEN SHOWED US SOME OF THE MUSIC HE HAD MADE, AND GAVE A DEMONSTRATION OF HOW HE WOULD GO ABOUT COMPOSING A TRACK. FINALLY, HE LET US USE SOME OF THE SAMPLES HE'S RECORDED, AND STUDENTS HAD A GREAT TIME STARTING TO CONSTRUCT THEIR OWN TRACKS USING THESE.

STUDENTS LOVED HEARING OMARI'S MUSIC AND GETTING SOME FEEDBACK FROM HIM ON THEIR COMPOSITION WORK. HE WAS IMPRESSED BY THE TALENT AND ENTHUSIASM AT BFS AND IS KEEN TO COME BACK AND WORK WITH STUDENTS AGAIN IN THE FUTURE!

IF STUDENTS ARE INTERESTED IN MAKING THEIR OWN RAP MUSIC, THERE IS AN AFTER SCHOOL CLUB ON A WEDNESDAY AFTERNOON WHERE STUDENTS CAN HAVE TIME TO WORK ON THEIR OWN TRACKS, AS WELL AS GETTING HELP FROM MR PATE AND MR CURTIS (WHO PRODUCES DANCE MUSIC HIMSELF WHEN NOT AT SCHOOL!) ALL ARE WELCOME - JUST COME ALONG TO DG31 FROM 3-4PM ON A WEDNESDAY. STUDENTS ALSO STUDY PRODUCTION IN THEIR LESSONS, WITH YEAR 9 DOING A UNIT ON HIP HOP AT THE MOMENT. IF YOU ARE KEEN TO GET STARTED BUT DON'T KNOW WHERE TO BEGIN, SPEAK TO YOUR MUSIC TEACHER!



BFS ENGLISH



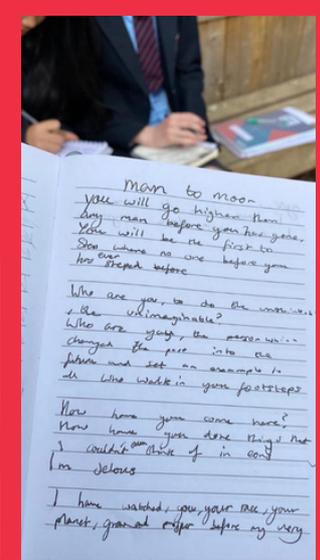
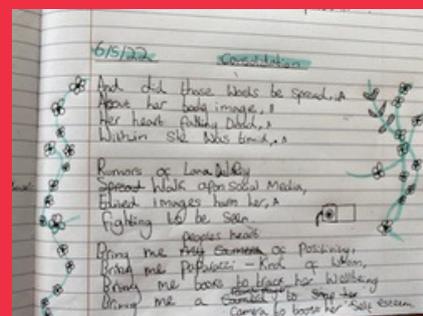
MISS LUDWELL

YEAR 7 HAVE BEEN FOCUSING ON BIOGRAPHIES AND OBITUARIES AS TEXT FORM; THE SIMILARITIES AND DIFFERENCES THE TWO SHARE. THE CLASS HAVE WRITTEN EXCELLENT BALLAD-STYLE POEMS FOCUSING ON THE THEME OF EXPERIENCES. THE POEMS SHARED COVER A RANGE OF IDEAS FROM GETTING A SCAR, APPENDICITIS, BODY IMAGE AND FUNNY MEMORIES.

YEAR 8 READ VANESSA KISUULE'S, 'HOLLOW,' WHICH IS A FANTASTIC POEM EXPLORING HER THOUGHTS AND FEELINGS ABOUT THE REMOVAL OF EDWARD COLSTON'S STATUE. WE USED THIS IDEA OF WRITING ABOUT A KEY MOMENT AND CAME UP WITH OUR OWN POEMS. THE STUDENTS WROTE POEMS ABOUT WAR, THE FIRST MAN ON THE MOON, ROSA PARKS, FEMINISM AND CLIMATE CHANGE - AS YOU CAN IMAGINE, I AM PROUD OF THE CLASSES' MATURITY TO COVER MORE CHALLENGING TOPICS. THE PROOF REALLY IS IN THE PUDDING AND THEIR POEMS ARE 10/10.

YEAR 9 HAVE WORKED SO HARD THIS WEEK THAT WE DECIDED TO REWARD OURSELVES WITH A POETRY LESSON. THE STUDENTS USED THE THREE POEMS WE HAVE STUDIED IN THEIR ANTHOLOGIES TO INSPIRE THEIR OWN WRITING FOCUSING ON CHILDHOOD AND BELONGING. I KNOW THAT YOU'LL AGREE THAT THE POEMS EVOKE CHILDHOOD PERFECTLY!

YEAR 8 POETRY OUTSIDE





MENTAL HEALTH & SAFEGUARDING

Mental Health & Safeguarding Support, Advice & Information



Ms Townsend, Mental Health & Safeguarding Manager



Miss Hastings, Medical and Mental Health Officer

MENTAL HEALTH AWARENESS WEEK!

The Mental Health team has been busy with students accessing various professional support, 121 mentoring with the team, co-ordinating counselling and school nurse appointments and attending external professional support meetings. As always email tellsomeone@bristolfreeschool.org.uk and we will get back to you to support or signpost in any way we can.

DOES YOUR CHILD NEED SUPPORT? WE CAN HELP

If you feel that your child could do with mental health support – then do let us know. We have various therapeutic and counselling services available for our students.



ARE YOU RECEIVING EXTERNAL SUPPORT?

If you have social intervention, or are receiving external professional support (CAMHS, counselling etc) it would be great to hear from you. That way we can complement the support in school and assist your child further with their development.



PARENT/CARERS - WE CAN SUPPORT YOU!

As a parent / carer, if you feel you could do with some support to support your young people do just let us know. We have webinars, 121 counselling sessions, parenting groups available – online or via the phone.

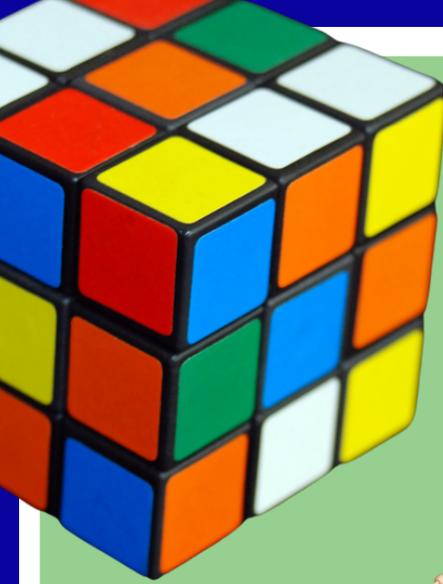
STUDENTS- WE CAN SUPPORT YOU!

Please have a chat with your Tutor and Year Lead, or just send an email if you are struggling, we can always make time.



TELLSOMEONE@BRISTOLFreeschool.ORG.UK





FOBFS AT WESTBURY ON TRYM COMMUNITY FAIR - SATURDAY 14 MAY

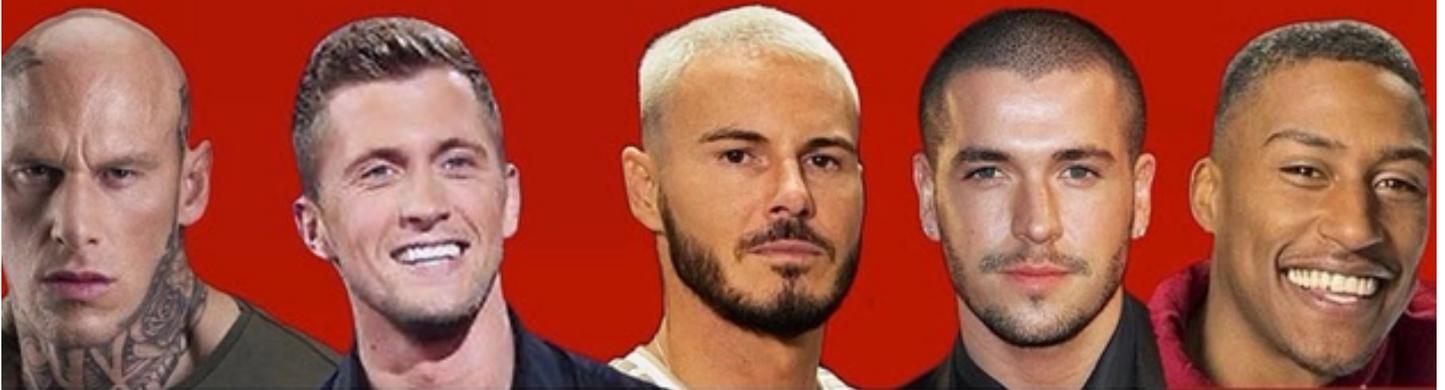
FOBFS has a stand at the Community Fair this Saturday. The main aim is to have a physical presence and to have a chance for students, parents, carers and members of the community to connect and meet in person. Come along and have a chat, find out who we are and what we have planned and also please feel free to give your suggestions on how FOBFS can support the school and students.

We'll be holding a Rubik's Cube challenge so come along, have a go against the clock and get your name on the leaderboard.

There'll also be some commun-knitty spirit. Know your knits from your purls? Come and add a few rows and have a knit and natter in the crafty corner.



Ashton Gate Stadium



Sunday 15th May 2022
Doors open 1.30pm
3pm Kick off

*Celebrity players subject to work commitments


SELLEBRITY
SOCCER

BOOK TICKETS HERE

www.sellebritysoccer.org.uk