

## **Bulletin**



Getting up early on a weekend to join 140 other students in a model United Nations scenario? Giving up a Sunday to debate international issues? Coming back from lunch break to an imagined emergency scenario of a global power invading its neighbour? That's just what 2 students from Y11, Keziah and Madi, and Y12, Paige, Teya and Charlotte did.

These 5 students spent the day as a delegation from Norway, trying to find the best international resolution to complex issues such as fighting malaria, the situation in Afghanistan and protecting free and fair elections. Each student joined a larger committee on the same topic before returning as a delegation to vote on the emergency scenario of how the UN should react to the possible invasion of Ukraine by Russia. Needless to say, it was a long, busy and challenging day!

Luckily, all the effort was worthwhile as Paige, Y12, said 'It's not for everyone however I would recommend it to people who have a passion for public speaking and debating! As a first time delegate at MUN, you're not forced to speak, however you are gently reminded to share your country's viewpoint on certain issues which all delegates should research in advance.

It's a great place to make new like-minded friends and to have fun, as well as be professional and take on the role of a delegate of the United Nations. I loved the experience and can't wait for the next conference!'

#### **KEY DATES**

- Saturday 5 February Year 8 CyberFirst Girls' Competition Final in Cheltenham
- Thursday 10 February Year 12 Subject Evening (Virtual)
- Monday 14 February Appreciation Fortnight & Year 11
   & Year 13 Mocks (Week 1)
- Friday 18 February Half Term
- Monday 28 February Year 11 & Year 13 Mock (Week 2)

#### KEEP READING TO SEE YOUR Y11 & Y13 MOCK TIMETABLE



# DO YOU PLAY A MUSICAL INSTRUMENT? Hear from our students and Mr Pate about the

Hear from our students and Mr Pate about the benefits of joining a Music Club at BFS and learn from their experience! watch it here:

https://www.youtube.com/watch?

v=zPuhEqjI88k&t=212s







BRISTOL FREE SCHOOL PRESENTS TO YOU...

2022 ART AND PHOTOGRAPHY COMPETITION

CREATE OR PHOTOGRAPH A PIECE OF ARTWORK BASED AROUND THE THEME OF 'SPRING THINGS'

DEADLINE: WEDNESDAY 16 FEBRUARY.

MORE DETAILS TO FOLLOW NEXT WEEK ABOUT
HOW YOU CAN ENTER - WHO'S EXCITED?

## ZANA FRAILLION VISITS US VIRTUALLY!



On the 2 March, Zana Fraillion will be taking part in a Q+A with us. When I say "us", I mean 16 students who will be selected to join the session because they wrote outstanding, interesting and thought-provoking questions in their lesson. Despite the limit on students, the Year group will have an opportunity to watch the recorded session in their lesson.

I am delighted that Zana Fraillion wants to virtually join us and I am looking forward to sharing that experience with students from Year 7.



Zana Fraillion is an Australian author who wrote Bone Sparrow (which we are currently studying). Bone Sparrow focuses on Subhi, a young boy who was born in a detention center and knows no different, it is his normal. He takes us on a journey that exposes the brutality, loneliness and difficulties he has to deal with. Thankfully he has two friends, Eli and Jimmie. Jimmie is a young girl who lives in the town and has her own battle, grieving the loss of her mother. Through her special relationship with Subhi, she is able to feel close to her mother when he reads her diary when because unfortunately, Jimmie is illiterate. Through friendship, respect and their love of stories, these two show the joy felt through moments together even when things around them are falling apart.

Available for 12 years and over

## COVID-19 Walk-in Vaccination Centre

THE GREENWAY CENTRE, SOUTHMEAD, DONCASTER ROAD, BS10 5PY

7 DAYS A WEEK FROM 8AM TO 8PM \*NO APPOINTMENTS NEEDED\* \*NO WAITING TIME\* \*FREE PARKING\*



## **CELEBRATE IN BRISTOL!**

WATCH TRADITIONAL CHINESE DANCES AND MARTIAL
ARTS DEMONSTRATIONS, AND HAVE A GO AT LEARNING
ABOUT CHINESE AND KOREAN CULTURE THROUGH
ACTIVITIES INCLUDING PAPER FOLDING AND CRAFTS. YOU
CAN ALSO BUY BEAUTIFUL CHINESE GOODS FOR SALE IN
THE SHOP. FIND OUT MORE HERE:
HTTPS://WWW.BRISTOLMUSEUMS.ORG.UK/BRISTOL-

HTTPS://WWW.BRISTOLMUSEUMS.ORG.UK/BRISTOL-MUSEUM-AND-ART-GALLERY/WHATS-ON/LUNAR-NEW-YEAR-YEAR-OF-THE-TIGER/

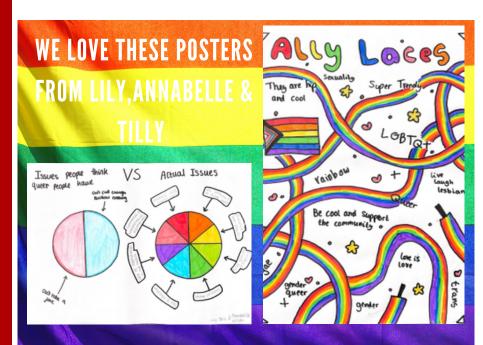


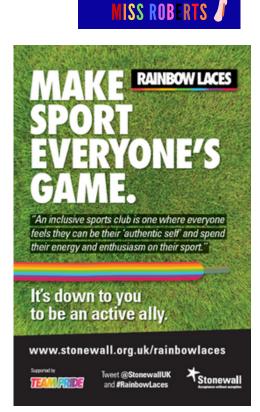
# LGBT+ HISTORY MONTH

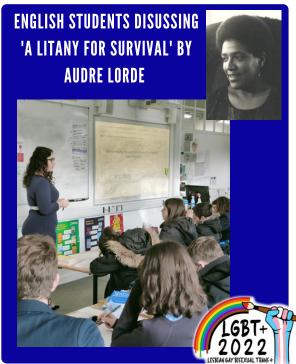
February marks LGBT+ History Month, which we are marking and celebrating at Bristol Free School in a number of ways. The Pride Ambassadors Group has been working on posters and researching incredible LGBT+ figures throughout history. We have even learnt about the history of LGBT+ pirates! We have collaborated with the English Department, who delivered a lesson to Key Stage 3 classes this week focusing on the poem 'A litany for survival' by Audre Lorde. Lorde identifies herself as a 'Black, lesbian, mother, warrior, poet' and her identity was exceptionally important to her. Students engaged in superb discussion of her poetry, thinking deeply about how Lorde presents some of the struggles faced by the LGBT+ community.

The Pride Ambassadors group have also teamed up with the PE department to celebrate the month, by distributing rainbow laces to every student in PE lessons! Students and staff have enthusiastically donned their laces in their trainers to show their continued support for all members of the LGBT+ community. Your support means so much to so many people, so thank you!

We are looking forward to learning more about significant LGBT+ figures throughout history in the Pride Ambassadors Group, and celebrating the month across the school. If anyone would like to join the group who hasn't already, we meet on Mondays in DF23 from 3-4pm. All students are welcome, including allies!









I am Ms Treherne, Exams Officer at Bristol Free School. Our next mocks start on Monday 14 February – Friday 4 March. Timetables have been circulated to students and parents and are available on the school website. I would like to remind all students that these mocks are run as regulated exams and as such you need to remember what to bring and what not to bring into your exams. I have outlined these items for you below. I will be running assemblies on upcoming exams and summer 2022 exams shortly to give more information. Please come and see me if you have any worries or concerns, you can find me in CF25.

## EQUIPMENT & UNAUTHORISED MATERIALS

Before the exam season starts, please make sure that you have all the equipment you will need. You are responsible for bringing your own equipment to all your exams.

#### **EXAMS EQUIPMENT CHECKLIST** WHAT TO BRING Clear pencil case or plastic bag Black pens (not gel pens) Pencils Ruler, marked in cm and mm A Rubber Pencil sharpener FOR MATHS: **Protractor** and compass FOR MATHS (Paper 2), SCIENCES and GEOGRAPHY: Calculator FOR DT: Coloured pencils





If you do struggle, and are worried in any way – just reach out. Talk to your tutors and they can always let me know if you are finding things tough. At Bristol Free School we are all here to support you, you just need to let us know.

Tellsomeone@bristolfreeschool.org.uk

Centre Timetabled for Year 11 February Mock 2022



Date	AM/PM		Exam Level		Subject	Unit Paper	Time Allove
Monday 14/02/2022	АМ	9:00AN	GCSE	Sch Exams	English Literature	(ENGLITP2): English Literature - Paper 2	105 mins
	PM	1:30PM	GCSE	Sch Exams	Business	(BSTS11): Business Studies	80 mins
Tuesday 15/02/2022	АМ	9:00AM	GCSE	Sch Exams	Computer Science	(CSO11) - Computer Science Paper 1	90 mins
	PM	1:30PM	GCSE	Sch Exams	Maths	(MAT01F): Maths Foundation Paper 1 (non calculator)	90 mins
						(MAT01H): - Maths Higher Paper 1 (non calculator)	90 mins
Wednesday 16/02/2022	АМ	9:00AM	GCSE	Sch Exams	English Language	(ENLANGP2): - English Language Paper 2	125 mins
	PM	1:30P <b>M</b>	GCSE	Sch Exams	Religious Studies	(RE011): - Religious studies	105 mins
Thursday 17/02/2022	АМ	9:00AM	GCSE	Sch Exams	French	(FRO1H): - French Higher Listening & Reading	110 mins
	Am					(FRO1F): - French Foundation Listening & Reading	85 mins
	PM	1:30PM	GCSE	Sch Exams	Geography	(GEO01): - Geography Human Paper	60 mins
Friday 18/02/2022	АМ	9:00AM	GCSE	Sch Exams	Spanish	(SPO1H): - Spanish Listening & Reading	110 mins
						(SPO1F): - Spanish Foundation Listening & Reading	85 mins
		1:30PM	GCSE	Sch Exams	Physics	(PHY01F): _ Physics Paper 2 Foundation	75 mins
	PM					(PHY01H): - Physics Paper 2 Higher	75 mins
						(PHY01T): - Physics Paper 2 Triple	105 mins
				Half	Term Break		
Monday 28/02/2022	АМ	9:00AN	GCSE	Sch Exams	English Language	(ENLANGP1): - English Language Paper 1	105 mins
			GCSE	Sch Exams	Music	(MU01): - Music Option A	105 mins
	PM	1:30PM			Physical Education	(PE01): - Physical Education	75 mins
Tuesday 01/03/2022	АМ	9:00AM	GCSE	Sch Exams	Design & Technolog	(DT011): - Design & Technology	120 mins
		1:30PM	GCSE	Sch Exams	Chemistry	(CHEM01F): - Combined Chemistry Foundation	75 mins
	PM					(CHEM01H): - Combined Chemistry Higher	75 mins
						(CHEM01H): - Triple Chemistry Higher	105 mins
Wednesday 02/03/2022	АМ	9:00AM		Sch Exams	Maths	(MAT02F): - Maths Foundation Calculator Paper 2	90 mins
						(MAT02H): - Maths Higher Calculator Paper 2	90 mins
	PM	1:30PM	GCSE	Sch Exams	History	(HI011): - History Option A	75 mins
Thursday 03/03/2022	АМ	9:00AM	GCSE	Sch Exams	Drama	(DRA01): - Drama Component 1	105 mins
					Food Preparatio	(FP01): - Food Preparation	105 mins
	PM	1:30P <b>M</b>	GCSE	Sch Exams	Biology	(BIO1F): - Combined Biology Foundation	75 mins
						(BIO1H): - Combined Biology Higher	75 mins
						(BIOT01H): - Triple Biology Higher	105 mins
Friday 04/03/2022	АМ	9:00AM	GCSE	Sch Exams	Maths	(MAT03F): - Maths Foundation Calculator Paper 3	90 mins
						(MAT03H): - Maths Higher Calculator Paper 3	90 mins

## REVISION **TIPS**



#### TAKE BREAKS



#### **TIMETABLE**

verwhelming and much more manageable.

#### DO WHAT WORKS FOR YOU

#### FOCUS ON YOU

#### February 2022 A level Mocks Timetable

Centre Timetabled for Year 13 February Mock 2022



late	AM/PM	Start	Exam Level	Board	Subject	Unit Paper	Time Allowed
Manufact 4 4/02/2022	AM	9:00AM	GCE	Sch Exams	English	(AENL01): English Literature - Paper 1- Drama	135 mins
			GCE	Sch Exams	Politics	(APO01): Politics Paper 3A US Politics	120 mins
	PM	1:30PM			Geography	(AGEOP1): Geography Option B (Geography - Option B Paper 1)	150 mins
					Spanish	(ASP01): Spanish Option B- Paper 1	120 mins
Tuesday 15/02/2022 -	AM	9:00AM	GCE	Sch Exams Sch Exams	Sociology	(ASC01): Sociology Option C (Paper 1 Education with Theory & Methods)	120 mins
	AM	5:00AM			Chemistry	(ACHEM02): Chemistry Option C (Chemistry Paper 2- Synthesis & Analytical Tech)	135 mins
	PM	1:30PM	GCE	Sch Exams	History	(AHI01): History Option D Paper 1 & 3 Hybrid paper	90 mins
	FM				Physics	(APHY02): Physics Option D (Physics Paper 2- Exploring Physics )	135 mins
Wednesday	АМ	9:00AM	GCE	Sch Exams	Computer Science	(ACS01): Computer Science- Option A (Computer Systems Paper 1)	150 mins
					DT	(ADT01); Design & Technology Option A (Design & Technology Paper 1)	90 mins
					PE	(APE01): PE - Option A (PE Paper 1)	120 mins
					Biology	(ABIOP2): Biology Option A (Biology Paper 2- Biological Diversity)	135 mins
16/02/2022			GCE	Sch Exams	Economics	(AECN01): Economics- Option E (Economics Paper 1)	120 mins
					Further		90 mins
	PM	1:30PM			Maths	(AFM01): Further Maths Option E (Further Maths Paper 1)	30 mins
		i I			Religious		180 mins
					Studies	(ARE01): Religious Studies- Option E Philosophy, Ethics & Christianity Paper 1)	100 mins
Thursday 17/02/2022	AM	9:00AM	GCE	Sch Exams	Maths	(AMA01): Maths Paper 01	120 mins
	PM	1:30PM	GCE	Sch Exams	Psychology	(APSY01): Psychology-Paper 1 Introductory Topics	120 mins
						Half Term Break	
Monday 28/02/2022		9:00AM	GCE	Sch Exams	English		135 mins
					Literature	(AENLIT01): English Literature Paper 3 Poetry	133 IIIIIIS
	AM	9:00AM	GCE	Sch Exams	Maths	(AMA02): Maths Paper 02	120 mins
	PM	1:30PM	GCE	Sch Exams	Further Maths	(AFM02): Further Maths Option E (Further Maths Paper 2)	90 mins
	AM	9:00AM	GCE	Sch Exams	Psychology	(APSY02): Psychology in Context, Paper 2	120 mins
Tuesday 01/03/2022	PM	1.30PM	GCE	Sch Exams	Further Maths	(AFM03): - Further Maths Option E (Further Maths Paper 3)	120 mins
Wednesday 02/03/2022	АМ	9:00AM	GCE	Sch Exams	English Literature	(AENGLIT03): English Literature Paper 2 Prose	75 mins
					Maths	(AMA 03): Maths A Paper 3	120 mins
		1:30PM	GCE	Sch Exams	Biology	(ABIO3): Biology Option A (Biology Paper 3- Unified Biology)	90 mins
					DT	(ADT02): Design & Technology Option A (Desing & Technology Paper 2)	105 mins
	PM				Computer Science	(ACS02): Computer Science- Option A (Computer Science Paper 2 Algorithms)	150 mins
					PE	(APE02): PE - Option A ( PE Paper 2)	120 mins
Thursday 03/03/2022 -	AM	9:00AM	GCE	Sch Exams	Geography	(AGEOP2): Geography Option B- Paper 2	100 mins
	Herri				Spanish	(ASP02): Spanish Option B Paper 2	160 mins
	PM	1:30PM	GCE	Sch Exams	Chemistry	(ACHEM03): Chemistry Option C (Chemistry Paper 3- Unified Chemistry)	90 mins
					Sociology	(ASCO2): Sociology Option C- Paper 3 Crime & Deviance with Theory & Methods	120 mins
Friday 04/03/2022	АМ	9:00AM	GCE	Sch Exams	History	(AHI02): History Option D (History- Paper 2)	90 mins
					Physics	(APHY03): Physics Option D (Physics Paper 3- Unified Physics)	90 mins

## **GET SUPPORT NOW**

#### Tips on preparing for exams -

https://www.nhs.uk/mental-health/children-and-youngadults/help-for-teenagers-young-adults-andstudents/tips-on-preparing-for-exams/

#### Exam Stress - A guide for young people -

https://www.youngminds.org.uk/young-person/copingwith-life/exam-stress/?acceptcookies=

Talk to us - Ms Townsend and Miss Hastings are available in DF29



### YOUR MIND PLAN

Answer the 5 questions in this interactive quiz to get top tips and advice that work for you

https://www.nhs.uk/every-mindmatters/mental-wellbeing-tips/yourmind-plan-quiz/





## BFS CAREERS







#### CAREERS EVENTS AND OPPORTUNITIES

#### Solicitor apprenticeship programme- Womble Bond Dickinson

As a Solicitor Apprentice with either Womble Bond Dickinson or Bristol City Council, not only do you get to qualify as a Solicitor and gain a law degree, without the associated costs of university, you'll also have a significant impact on the future of our business', and the city of Bristol. For more details and information please see:

https://jobs.wbd-uk.com/jobs/vacancy/solicitor-apprenticeship-0434-bristol/435/description/

Legal Apprenticeship - Burges Salmon Monday 7 February 17:30 - 18:30

Hear about the legal apprenticeship opportunity with Burges Salmon To kick off National Apprenticeship Week 2022 Burges Salmon is running a virtual event for students, teachers and/or parents and guardians to hear about their legal apprenticeship opportunity. The one-hour session will include an overview of the legal apprenticeship programme and the opportunity for attendees to speak with some of their current legal apprentices and ask questions. The event will be held via Microsoft Teams. To sign up to join the virtual event, click here - https://careers.burges-salmon.com/jobs/event/legal-apprenticeship-qasession-/15/detail/0/

#### CAREERS INFORMATION- POST 16 OPTIONS

A vast majority of our Year 11 students will be finalsing their applications for their post 16 options. Year 11 students have been supported in their tutorial lessons using career pilot and learning about apprenticeships, post 16 option routes and different career pathways.

We are delighted to hear that so many of our Year 11s have made applications to our Sixth Form. There are also post 16 providers in our local area that some students will consider. We would encourage students to use the Career Pilot website when exploring courses and possible career paths.



https://www.careerpilot.org.uk/job-sectors https://www.careerpilot.org.uk/courses

#### Find a course or apprenticeship

Use the relevant search options below to find college and university courses as well as vacancles for apprenticeships



Find courses 16 - 19



Find degree courses



Apprenticeship vacancies



The Post 16 Directory- Bristol City Council have created a Directory that brings details of the schools, colleges and training providers in the Bristol Local Authority area together in one place.

Please see more information and a link for the directory here:

https://www.bristol.gov.uk/schools-learning-early-years/where-you-canget-post-16-education

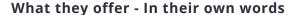
## THE MOST POPULAR POST 16 DESTINATIONS FOR OUR YEAR 11 LEAVERS IN PREVIOUS YEARS OTHER THAN BRISTOL FREE SCHOOL WERE:



City of Bristol College www.cityofbristol.ac.uk

#### - 4 centres:

College Green
Ashley Down
South Bristol Skills Academy
AEC – Engineering & Motor Vehicle



Our comprehensive curriculum offer means that our students are able to develop the skills, knowledge and qualifications they need to get a job, start a career, progress to university or improve their independence.



www.sgscol.ac.uk

#### What they offer - In their own words

At South Gloucestershire and Stroud College (SGS), we strive to provide clear, high quality professional and technical routes into apprenticeships, employment and self-employment as well as to Further and Higher Education alongside robust academic routes. To support progression, we provide high-quality career pathways in each of our departments through Intermediate, Technical, Academic, Higher and Professional qualifications.





#### POST 16 SPECIALIST COLLEGES AND TRAINING PROVIDERS









#### Access Creative College - Music, Games and Media

www.accesscreative.ac.uk

Boom Satsuma - Creative & Digital Media/Games, Sports Media Performing & Production Arts

https://www.boomsatsuma.education/



https://www.bcfc.co.uk/robinsfoundation/education/



https://www.bristolroverscommunity.org.uk /education

On Site Construction Apprenticeships
www.onsitebristol.co.uk

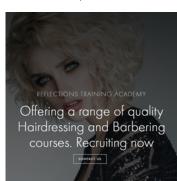
Reflections Hair Academy Hairdressing & Barbering

https://www.reflectionstraining.co.uk/









## All Campuses FEBRUARY 25TH 2022 TASTER DAY

BACK TO EVENTS

https://www.accesscreative.ac.uk/open-events/taster-dayfeb25th-2022/

FRIDAY 25H FEBRUARY 2022

ACCESS CREATIVE COLLEGE
TASTER DAY



Hosting the following sessions:

Film & Photography Production

Games Development

Graphic Design & Animation

Music Production

Music Performance & Vocals



Ms Townsend, Mental

**Health & Safeguarding** 

Manager



Mental Health & Safeguarding Support, Advice & Information

## CHILDREN'S MENTAL HEALTH WEEK

It's Children's Mental Health week next week and this year's theme is Growing Together. What better way to highlight all the great things that we do at Bristol Free School for our students' mental health, on our 1st anniversary too!

We support an ever-growing number of students across the whole school with their mental health needs, be it liaising with CAMHS, GPs and therapists to 121 sessions with students when they are struggling. At BFS we are lucky to have some really good professional partnerships which give our students some great opportunities to support their mental health.

The School nurse is in school on a Tuesday, and students can book an appointment through the Mental Health Team.

Our School Counsellor sees students for 6-8 sessions onsite or via online sessions. This is offered on a referral basis via Head of Year and the MH&S team. We have close links with Anna Freud Children & Families Centre and are able to offer an array of support to students and parents/carers with their help. https://www.annafreud.org/

Off The Record and Creative Youth Network are regularly working with our young people, both through self and school referrals. https://www.otrbristol.org.uk/https://www.creativeyouthnetwork.org.uk/

We hold a caseload of approximately 50 students during term time, as well as see students who need a drop in service for when things really are too tough to handle on their own.

There is the tellsomeone@bristolfreeschool.org.uk which gives our students an opportunity to email for help if they don't feel able to hold face to face discussions about what is worrying them.

As always the best way to get in touch if you feel that your young person could do with some support is to contact their Tutor. The Tutors and Heads of Year have a referral system into the Mental Health Team so we can make sure we have the right interventions in place.

There is so much available to our young people that there really is no need to struggle on their own. Please do encourage your children to reach out if they are finding things tough.

We are always on the lookout for additional services, so if you / your child have had some positive experiences with external professional help we are always glad to hear about it.







GROWING

# BARNARDO'S HYPE HEALTH CHAMPIONS DIGITAL SUPPORT TEAM

IF YOU ARE AGED 11-25
AND WANT TO IMPROVE ONLINE
MENTAL HEALTH SUPPORT

## **GET INVOLVED**

...TO EDIT THE CAMHS WEBSITE...
...TO CREATE FILMS AND PODCASTS...
...TO REVIEW MENTAL HEALTH APPS FOR YOUNG PEOPLE...

JOIN THIS NEW GROUP STARTING IN

MARCH 2022

EARN VOUCHERS

AND ONLINE BADGES

SIGN UP TO BE A HEALTH CHAMPION VIA OUR WEBSITE: <u>www.barnardoshype.org</u>

OR EMAIL: HYPE@BARNARDOS.ORG.UK







For more info: bishopston.play-cricket.com bishcc1897@gmail.com

Bishopston Cricket Club, Westbury Fields, Cricket Lane, Bristol BS10 6TN