



Weekly Update

Message from the Headteacher

Last weekend, Year 11 and Year 13 returned safely from Berlin (below) which was reported as another fabulous history trip. I would like to thank Mr Bishop for organising the trip and planning such a culturally rich itinerary. My thanks also go to Mrs Paredes-Bartlett, Mr Pollock, Miss Barnes and Mrs Smith who ably supported our students whilst in Berlin. Mr Bishop praised the students' attitude and mature behaviour. On the return flight home he received praise from the airline staff who were very impressed by our students!

It was lovely to see so many parents attend the postponed Year 8 subject evening last night. Our new online booking system worked smoothly and reduced the need for long queues. If you needed more time or the teacher you hoped to speak to was unavailable, the details you provided will be passed to teachers to email you some feedback. Securing a positive partnership between home and school is such an important and powerful factor to a young person's happiness and success, so please let us know straight away of any changes to your child's circumstances.

Today is the final day with BFS for Mr Vincent, our SENCO. I am sure you will all join me in wishing him the best of luck for his future endeavours. I am delighted to announce the appointment of Mrs Parry to the role of SENCO, with support from Miss Carr as Assistant SENCO. Congratulations to them both on their new roles.

Next week will be half-term and a chance for a break from routine and early mornings! Many young people may, as a result, spend longer lengths of time playing online games. We have included some parental information and advice to support the monitoring of screen time in the holidays.

Year 11 and Year 13 have their second round of mocks straight away after half term. They will need to plan their revision during the holiday period, as well as time for relaxation and exercise.

I always think it is important to encourage young people to go outside and do something active and fun during the holiday. Bristol is such a great city to explore and try something new.

However you choose to spend it, have a lovely half term and we will look forward to the start of Term 4 being on Monday 25 February at 8:30am.

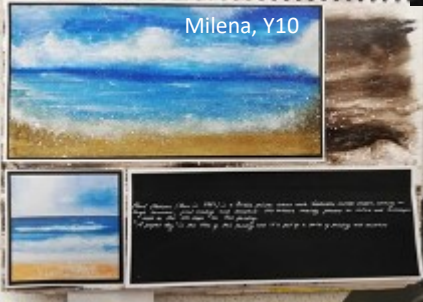
*Mrs S King
Headteacher*



This week in Art

Term 3 has been a busy time for the Art department. We have been taking inspiration from sea-life and nature. Art club are drafting up plans for a multi-cultural food mural for the canteen. Year 12 Art enrichment are putting their caricaturist skills to good use to raise money for Nepal, and Year 11 and 13 have begun their exam preparations in earnest!

Miss Dawson



Milena, Y10



Erica, Y12



Anna, Y12



Dario, Y7



Mia, Y7

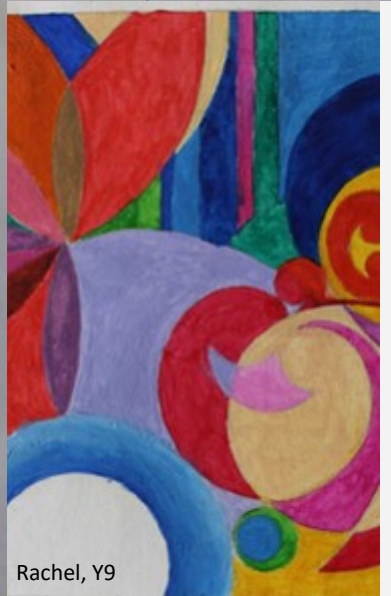


Boroka, Y9

Art work courtesy of George, Y12



Anna, Y8



Rachel, Y9

GCSE Food Technology Practical Exam

On Tuesday and Wednesday this week our talented and committed Year 11 GCSE food students completed their gruelling 3-hour practical exam. This year the themes were British Street Food or innovative dishes for a lacto-vegetarian (no eggs).

Students were expected to produce three high-skill dishes, with accompaniments, in three hours. One of the requirements is the production of a detailed time plan that dovetails all the methods for each dish to ensure all are presented in peak condition at the end of the exam.

Unfortunately due to the exam regulations I am unable to share the photos of their final dishes, but all the students did a fantastic job exceeding their target grades. The quality of the presentation was superb and I had the lucky job with Ms Ford and Mrs Day to taste all the dishes. It is hard to single out any one student, but some of the standout dishes over the two days were:

- Mia's innovative and delicious ginger and lemon tart with a non-egg meringue topping
- Ollie's succulent chicken burger and lemon meringue pie
- Alban's tasty 'Gurt Bristol Burger' and crispy fried chicken with homemade coleslaw
- Catrin's colourful and spicy chicken Thai curry and mango salad
- Flo's presentation of her lemon meringue tart and cheesecakes
- Daniel's delicious custard tarts and homemade burger
- Oscar's tomato, basil and cream cheese ravioli with egg-free pasta
- Clayton's crispy chicken burger
- Millie's spicy empanadas and innovative profiteroles with pomegranate topping
- Charlie's light and airy swiss roll with homemade strawberry jam
- Celia's fantastic menu of homemade fajitas, homemade ravioli with butternut squash filling and chocolate and mint gateau



Thank you to parents and carers for supporting this important part of the GCSE course; I do hope some of this superb food made it home!

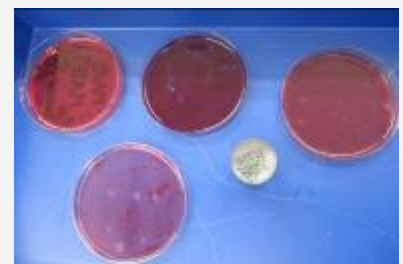
I also would like to formally thank Mrs Day who has spent hours organising the room, ingredients and the presentation tables for the exams.

Mrs King



Science Club

Science Club is continuing to save the world with STEM, by making bioplastics from the humble potato! Phase one involved extracting the starch from the potatoes. Moving on to step two, the plastic itself was created. After much boiling, stirring and plasticizing students have manufactured their samples and will test them after half-term.



This week we tackled the problem of predicting and reducing the effects of tsunamis. We started by planning which materials we thought would provide good defences, but we also had to consider the cost of putting these in place. We agreed that using natural kelp forests with an added reinforced undersea wall would be best. This would be paid for with extra taxes on the rich(!) and with money from the tourist industry that the kelp forests, and the wildlife attracted to them, would bring to the economy.

Next up...preventing earthquakes and battling climate change!

Science Club members continue to be STEM superheroes!

Miss Board



Clubs for Term 3 and 4

Please [click here](#) for details of the clubs running until the Easter break.

The week commencing 25 February is **Blue Week**.

Half-term activities

There are some exciting activities taking place in the local community over this half-term, and some exciting school events soon after!

Details of these events and activities are included at the end of the newsletter this week.

The world of online gaming

While new games consoles and video games were amongst the most-wished-for gifts last Christmas, and no doubt delighted young people all over the country, it's worth a quick look at the websites these tend to lead young gamers to.

With around 1,000,000,000 monthly views and 1,000,000 broadcasters, **Twitch** is the most popular video game live streaming service. Users can watch playbacks of games being played by other people, live stream their own games and chat to other gamers. It has a rating of 13+ and advises that those between 13 years and 18 years should be supervised.

There are no chat filters but individual broadcasters can ban specific words and the bigger channels are more likely to be safer options in this respect. However, the live nature of the site means it can expose young people to highly inappropriate and potentially upsetting content.

There are a few helpful options to be aware of:

- The chat room can easily be hidden from view
- Specific users can be muted and blocked
- Unsuitable content, and the users responsible for it, can be blocked
- Channels/broadcasters can be reported

Points for parents:

- Watch channels for 15-20 minutes, multiple times (at different times of the day), in order to judge their suitability
- Privacy settings give options to control what is shared; location settings can be switched off
- Be wary of the 'Whisper' feature: this allows users in the same channel to chat privately
- Keep an eye on this for any inappropriate messaging; chat sequences tend to stay logged for a few months
- Talk regularly about healthy online habits - encourage children to be open about anything they've seen or heard that's upset them

Information provided by [eSafe Global](#)

Year 7 Boys' Football

The Year 7 boys' football team played Cotham School as part of a triangular tournament on Tuesday 12 February.

After a cagey start with some misplaced passes and wayward shots, we started to hit our stride. We had the majority of possession, with Ben and Max controlling the midfield and providing good service to the attacking trio of Sid, Mason and Finlay.

This consistent pressure eventually paid off when Cian delivered an incredible shot from the half way line—dipping perfectly over the unsuspecting goalkeeper to nestle in the back of the net. The deadlock was finally broken!

As if with a new lease of life, this prompted the energetic Sam and meticulous Alistair to surge forward on weaving runs into midfield. Our impact off the bench came in the form of Cassius, Tom and Kiran, who all provided the necessary fire power to propel us to a 2-0 win over Cotham.

Well done Year 7!

Mr Tolman

Changes to the A4018

Bristol City Council is proposing changes to improve the A4018. One of their aims is to invest in public transport to keep the road flowing to support local residents, businesses and tackle the increase in demand on the road due to housing development on the former Filton Airfield site. The other aim is to improve safety for pedestrians and cyclists, particularly for students attending schools in the local area.

The consultation is now live, and local residents and organisations are invited to comment on the proposals.

You can make your comments on the online hub here: www.bristol.gov.uk/a4018improvements

They are also holding several drop-in sessions to discuss the proposals at Westbury and Henbury libraries:

Saturday 23 February 11:15am-3:45pm
Henbury Library, Crow Lane, Henbury, BS10 7DR

Wednesday 27 February 2:15pm-6:45pm
Henbury Library, Crow Lane, Henbury, BS10 7DR

Monday 4 March 2:15pm-6:45pm
Westbury Library, Falcondale Road, Westbury, BS9 3JZ

Berlin

Last Thursday, Mr Pollock, Mrs Smith, Mrs Paredes-Bartlett, Miss Barnes and I accompanied 44 Year 11 and 13 students to Berlin, to immerse ourselves in the story of this amazing city.

During the visit I was humbled by the mature approach taken by all our students in dealing with the sensitive issues presented by a visit to Sachsenhausen Concentration Camp, discussing the intricacies of the German political system at the Reichstag, engaging in the culture of communist East Berlin at the DDR museum and scaling the heights of TV tower in Alexandreplatz to absorb the geography of the city.

All students were a credit to the school and have grown as individuals in their understanding of the world they live in.



Mr Bishop



Bristol Schools' Netball Final

On Thursday 14 February, the Year 8 Netball team travelled to St Bernadette's Secondary School to play their Bristol Schools' final after finishing first in the North Bristol Festival.

Team captain Amber H, alongside Megan, Lucy, Rosie and Grace, dominated the game from start to finish, feeding the ball effortlessly to the shooters Georgia, Sophie and Amber G. Between them they scored 32 goals for a final score of 32-4 and becoming Champions of Bristol!

An outstanding achievement—BFS are very proud!

Miss Hammond



Events in the next fortnight

16/02/2019	Hollow Trees (Folk Band) performance at Southmead Library, 3-4pm
17/02/2019—24/02/2019	Half Term
25/02/2019	Year 11 & 13 Mocks Year 10 Rugby 7s, 2pm kick off @ Colston's Collegiate
26/02/2019	Year 11 & 13 Mocks Girls' Football: U16 vs St Bede's, away
27/02/2019	Year 11 & 13 Mocks Girls' Football: U14 vs Oasis Brightstowe, away Boys' Football: Y10 & Y11 vs St Bede's, away
28/02/2019	Year 11 & 13 Mocks FBP & SD Governors Committee Meeting Boys' Football: Y8, Y9 and Y7 Blue vs St Bede's, away
01/03/2019	
02/03/2019	
03/03/2019	
04/03/2019	Year 11 & 13 Mocks
05/03/2019	Year 11 & 13 Mocks Boys' Football: Y7 Red and Y11 vs Cotham, at Kellaway Avenue Girls' Football: U16 vs Redland Green, away Girls' Football: U14 vs St Bede's, away
06/03/2019	Year 11 & 13 Mocks Girl's Football: Y7 Football Festival @ South Bristol Sports Centre
07/03/2019	Year 11 & 13 Mocks
08/03/2019	Year 11 & 13 Mocks Y12 Maths Inspiration Trips, 1pm
09/03/2019	
10/03/2019	



FRIENDS OF BRISTOL FREE SCHOOL presents



Bristol's ultimate musical tribute to the 'BritPop' era

SUPERNOVA



Playing Live

@ BRISTOL FREE SCHOOL

FRIDAY NIGHT 15th March 2019

DRAMA HALL, CONCORDE DRIVE, BRISTOL BS10 6NJ
DOORS OPEN 7:15PM ADULTS ONLY LICENSED BAR



TICKET ONLY EVENT £6

WWW.TICKETSOURCE.CO.UK/FRIENDS-OF-BRISTOL-FREE-SCHOOL



Ladies' Fashion Show **AND** Pop-up Shop!

**SHOP YOUR FAVOURITE HIGH STREET BRANDS
AT 50% OFF OR MORE!**

Colours.

[FUN]DRAISING
FASHION SHOWS



Refreshments provided by FoBFS



**Tuesday 19th March 2019
BFS Fashion Show**

Hosted by and supporting your D&T department, as well as schools and communities in Nepal

Venue: Bristol Free School

Featuring upcycled garments created by the winners of BFS Design competition

Doors open 6pm, show starts 6.30pm

Tickets: £5

VIP Tickets: £7.50 *guaranteed front row seat*

VIP tickets must be purchased by 15th February. Limited Availability

Tickets to be purchased in advance.

Charity raffle: FABULOUS prizes to be won at the show!

For tickets and more information please contact:

dtfac@bristolfreeschool.org.uk or 0117 9597200



FEBRUARY DANCE HOLIDAY CLUB

18TH - 20TH FEBRUARY 2019, 9AM - 4PM

DANCE WORKSHOPS!

**FUN &
GAMES!**

DRAMA!

Location: Westbury Park School,
13 Bayswater Ave, Bristol BS6 7NU

Ages: 7 - 13 years

**ARTS &
CRAFTS!**

**MINI
SHOWCASE!**

**STREET
DANCE
ROUTINES!**



FUNK IT UP DANCE SCHOOL'S FEBRUARY HOLIDAY CLUB 2019 WHAT'S INCLUDED?

STREET DANCE

The Children will learn Two Street Dance routines from our amazing teachers and have the chance to perform at the end of the club to parents.

DANCE WORKSHOPS

3 Workshops in different styles of Dance!

FUN & GAMES

Each day the children will play fun games in order to get them excited for the day and bonding with each other. We also have an enclosed outside area for them to enjoy!

DRAMA & ARTS & CRAFTS

The children will get to experience other activities such as a Drama class and Arts & Crafts which they will be able to keep after the club.

PRICE & HOW TO BOOK

- £80 per child if you book until January 18th
- £85 per child if you book between January 19th and February 1st
- £90 per child if you book from February 2nd
- 10% Sibling discount available when booking
- GO TO www.bookwhen.com/funkitupevents TO BOOK!

If your child is unable to attend the 3 days, we can discuss the possibility of making booking available for only 1 or 2 days. Please email us at info@funkitupdance.com. A few concessionary rates are also available - Any child who really wants to do a club but you feel unable to afford it we can discuss this with you on a face to face basis, please contact us.





Will it be a swim day?



Or a spin day?



A gym day?



Will it be a 'Mummy,
I made a new friend' day?



Or a 'Dad, can we go
back again next week' day?



A spa day? Or just a put
your feet up and chill' day?

However you spend your day at
David Lloyd Clubs, it's sure to
be time well spent.

To claim your free family day pass between
18th - 24th February, visit: davidlloyd.co.uk/feb

David Lloyd
— CLUBS —

*Terms and conditions apply. Free family day pass valid between 18th - 24th February 2019. You must book an appointment prior to your visit. Activities and facilities vary by club. Images depicted may not be of your local club. Photo ID is required. For full terms and conditions please visit www.davidlloyd.co.uk/feb

Kids Cook Up & Dig In Day

February Half Term

Just £5
a family!

Join us for a family day of
cooking and seed sowing with
Real Economy Southmead

Friday 22nd February

10 - 11am : cooking session

11 - 12 am : sowing seeds
in our polytunnel

12 - 1 pm : lunch time!

At Southmead Community Centre,
Greystoke Avenue

Limited spaces! Ages 5+

To register your place or for more information contact
florence@realeconomy.co.uk
or 07429 957881

Stay up to date with activities and news by finding
Real Economy Southmead on Facebook and visit
www.realeconomy.co.uk to find out more about us!

