



# Weekly Update

## Extra-curricular activities during week commencing 9 January 2017

### Monday

KS4 Fitness  
Classics Club  
Fencing

### Tuesday

Latin GCSE Year 2  
Year 9 and 10 Parkour  
All years Girls' football  
Trampolining  
Textiles Club (Y7&8)  
Photography Club  
Geography of Food Club  
School Musical  
Italian Club  
Science Club  
Flying Start Challenge  
Model United Nations  
Year 10 Young Enterprise

### Wednesday

Latin GSCE year 1  
Girls' basketball (Y10 & Y11)  
Y7, 8 & 9 Boys' Football  
Orchestra  
Folk Band  
Geography of Food Club  
Outdoor Club  
Commercial Dance  
Macbeth Rehearsals  
Year 12 Young Enterprise

### Thursday

Y10 & 11 Boys' Football  
Mixed Hockey  
Y7 & 8 Badminton & table-tennis  
Street and Hiphop Dance  
Jazz Band  
Junior Jazz Band  
Dressmaking (Y9 & Y10)  
Warhammer School Alliance  
French Film Club

### Friday

Sports Academy

## Words from the Headteacher

It is always lovely to welcome students back after the Christmas holidays. They seem rested and there is a sense of warmth engendered by the festive season. I make a point of asking what Santa has bought this year; the replies seemed to share certain commonalities: clothes, vouchers, two wheeled transport. I was also pleased that Santa saw fit to put into his bag of goodies some new school shoes and blazers, but also disappointed that the magical 'self-tucking in shirt' did not make into some of our students' stockings. The best answer to my question came from one of our Year 11s; "Santa bought me happiness, Sir".

On the topic of year 11, the gift of happiness is a valuable commodity in the weeks ahead. There will be some pressures, undoubtedly, with the feeling that time is marching on and that there are only 15 weeks until the first GCSE exam of the season. The Mock results were promising and students will get these formally on Monday. It shows what students can and cannot do. We spent our inset day focusing on exactly how best to support each student in the run up to the exams. There are certain truisms:

1. We cannot help students who are not in school: attendance and punctuality is vital; teenage lethargy is the enemy of progress!
2. We cannot help students who do not revise. There was a clear gap between those who put in the hard yards and those who did not in the run up to the mocks. The key is *little and often*: revision should be happening right now, every single day.
3. Revise the things you don't know and struggle with!

Further updates will follow, including our exam mentoring programme and our updated Period 7. As a rule of thumb, nearly all students are doing English on Mondays until 4.30pm. The only additional support I would request from parents is that you do everything in your power to ensure that students have no distractions and in particular that they are able to stay after school to study and revise. It's a classic case of small sacrifice, big reward. This may mean making alternative arrangements to support younger siblings for example, who might currently be collected from school by a brother or sister.



**Paul Jones**

### **Attention Year 11**

*Please be aware that all year 11 students received a letter through Friday's tutor time which details some changes to sets as of Monday. The letter also details the extra provision your son/daughter has been offered, if applicable. Please help your son/daughter make the most of any period 7 sessions offered, ensuring they attend every week.*

*Many thanks, Mr Thomas.*

**Parenting Courses in Bristol**

Bristol City Council have published their courses for this term on their website. More information can be found here: <https://www.bristol.gov.uk/social-care-health/parenting-courses-currently-running-in-bristol>

If you would like to speak to the School about the courses, please contact Miss Burton (SENCO) or Miss Young (Lead Pastoral Learning Mentor) in the first instance.

**E-Safety- Instagram**

It has come to the attention of the local authority that anonymous Instagram accounts are being set up by third parties as a means of sharing photos as a form of revenge pornography. The accounts are being run by users sharing their photos via private message or by tagging the site and then the anonymous account publishes the photos. These accounts are not staying open for long as they are being reported but the accounts appear to all be variations of the name 'Bristol Bait'. There appear to be links to many secondary schools in our area. If you become aware of any such account please contact the police immediately.

**Digital Leader Appointments**

Congratulations to our newly appointed Digital Leaders! The 10 students are currently undergoing their training with ChildNet and the first task will be delivering assemblies to the whole school for Safer Internet Day in February. Part of their role is to work with local primary schools and also offering parent workshops focusing on e-safety. Look out for details of workshops in the next few months!

**Passport reminder**

If your child is attending either the Battlefields, Madrid, or Music Tour of Belgium trip(s), please ensure that they take a copy of their **Passport and EHIC Cards** to reception. Alternatively you can scan the documents or take a clear photo and email it to [admin@bristolfreeschool.org.uk](mailto:admin@bristolfreeschool.org.uk)

**2017-18 Term Dates**

We have had a few requests for information on term dates for next year. This information is now on the [website](#).

**Key dates for next week**

Please see the calendar at [www.bristolfreeschool.org.uk](http://www.bristolfreeschool.org.uk) for other important dates

<b>Monday 9 January 2017</b>	
<b>Tuesday 10 January 2017</b>	Selected Year 10s to University of Oxford Mathematical Institute for "It All Adds Up" - " an event to promote girls continuing to study Maths at University
<b>Wednesday 11 January 2017</b>	
<b>Thursday 12 January 2017</b>	
<b>Friday 13 January 2017</b>	

**Young Carers Awareness Day**

On Thursday 26 January 2017, Year 7—11 will be raising money for the [Carers Trust](#) with a bake sale, with the aim of helping Young Carers achieve their dream job or career. More information about the day is included at the end of this week's newsletter.

**Extra-Curricular—new clubs!**

A new extra-curricular programme begins next Monday and sees with it the launch of the brand new Classics Club for years 7 and 8. We are very excited about this new opportunity for students to learn more about this study of the languages, culture, history and thought of the civilisations of ancient Greece and Rome. In Classics club, students will embark on a journey through the worlds of ancient Rome and Greece, and will explore the influence of classical culture on our own modern world. They will also have the opportunity to learn some Latin – a language from which 65% of English words and about 75-80% of French, Spanish, Italian and Portuguese words are derived.

During the club we will be looking at some famous Greek and Roman myths, exploring some epic adventures stories like 'The Odyssey' and 'The Aeneid', and finding out what life would have been like for Romans, not only in Rome, but also closer to home in Bristol and Bath. There will be opportunities to act out plays, create shields, build temples out of biscuits and debate philosophical issues, to name but a few of the exciting activities on offer.

Students are encouraged to take a look at the new programme attached to this newsletter or on the [website](#) to see which of our extensive range of sporting, musical or creative opportunities appeals.

**ADCT Controlled Assessments**

Ms West and Mr Keen would like to say a big thank you and well done to the year 11 Product Design students who took part in the controlled assessment days in the last week of term 2. Projects are really starting to take shape and we're all excited to see the results of their hard work and effort. Look out for details of our upcoming Summer exhibition where you will also be able to see the amazing work taking place in Art.






# Extra – curricular Timetable

January 2017 Terms 3 and 4

3:15 - 4:30pm

Day	Activity	Staff	Room
<b>Monday</b>	KS4 Fitness	Mr Cosgrove	Sports Hall
	Classics Club	Ms Walsh	C035
	Fencing	Bristol Blades	Dining Hall
<b>Tuesday</b>	Latin GCSE year 2	Ms Walsh	C035
	<b>Year 8 Parkour</b>	<b>Mr Tolman and Mr Cosgrove</b>	<b>Sports Hall</b>
	<b>Year 9 and 10 Parkour</b>	<b>Mr Tolman and Mr Cosgrove</b>	<b>Sports Hall</b>
	All years Girls' football	Bristol Rovers and Ms Collins	Field/MUGA
	Trampolineing	Ms McInnes	Sports Hall
	Textiles Club (Y7 & Y8)	Ms West	Textiles
	<b>Art Club</b>	<b>Ms Dawson</b>	<b>C025</b>
	<b>Photography club</b>	<b>Ms Marsh</b>	<b>C024</b>
	<b>Geography of Food Club</b>	<b>Ms Davies and Mr Dayment</b>	<b>Food Room</b>
	School Musical	Ms Clifton, Mr Pate and Ms Green	Drama Studio
	Italian Club	Ms DiMartino	C027
	Science Club	Science Team	C148
	Flying Start Challenge	Mr Keen	Res Mat
	Model United Nations	Ms Chim	C034
Yr 10 Young Enterprise	Mr Aldridge	C105	
<b>Wednesday</b>	Latin GCSE year 1	Ms Walsh	C035
	Girls' basketball (Y10 & Y11)	Ms Exton	Sports Hall
	7, 8 & 9 Boys' Football	Mr Truan, Mr Tolman	Field
	Orchestra	Ms Collins	Music Room
	<b>Folk Band</b>	<b>Mr Pate</b>	<b>Ensemble room</b>
	<b>Geography of Food Club</b>	<b>Ms Davies and Mr Dayment</b>	<b>Food Room</b>
	<b>Year 9 Punk Band</b>	<b>Mr Pate</b>	<b>Ensemble room</b>
	Outdoor Club	Dr Cooper, Ms Board and Ms Archer	C127
	Commercial Dance	Ms Forsey	Dining Hall
	Macbeth Rehearsals (until all performances complete)	Mr Collis	Drama Studio
	Yr 12 Young Enterprise	Mr Mitchell	C140
<b>Thursday</b>	Y10&11 Boys' Football	Mr Truan and Mr Walker	Field
	Mixed Hockey	Ms McInnes and Mr MacBlain	Coombe
	<b>Y9,10&amp;11 Badminton &amp; table-tennis</b>	<b>Ms Collins and Mr Cosgrove</b>	<b>Sports Hall</b>
	<b>Y7&amp;8 Badminton &amp; table-tennis</b>	<b>Ms Collins and Mr Cosgrove</b>	<b>Sports Hall</b>
	Street and Hiphop Dance	Ms Forsey	Drama Studio
	Jazz Band	Mr Pate	Music Room
	Junior Jazz Band	Ms Green	Ensemble room
	Maths Challenge Mentoring (y7 & y10) (Last Thursday of each month)	Mr Aldridge	C105
	Dressmaking (Y9 & Y10)	Ms West	Textiles
	Warhammer School Alliance	Mr Fernandes	C139
	French Film Club	Ms Burrell	C040
	Programming Club	Ms Sherman	C041
<b>Friday</b>	Sports Academy	Mr Tolman	Sports Hall



**“When I grow  
up I want to  
be a nurse”**

Help young  
carers achieve  
their **dream jobs**

**80% of young carers are missing  
out on childhood activities  
because of their caring role**

Support  
**#YoungCarersAwarenessDay**

**26 January 2017**

**Carers.org/YCAD**

### Further information

[matter.carers.org](http://matter.carers.org)  
[babble.carers.org](http://babble.carers.org)

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