

Weekly Update

Words from the Headteacher

BFS is participating in an 'active travel' school challenge. Next week members of the organisation **sustrans** are coming in to our assemblies to promote the challenge. The challenge runs from 14 to 24 October. Students at Bristol Free School can sign up for the challenge and log how they travel to school on each of the days of the challenge. The purpose of the challenge is for students to travel to school in the healthiest and most sustainable ways possible. We will also be able to see how our students' journeys compare to those of other students across the region.

Here is what **sustrans** have said:

"The Schools Challenge – set to run from the 14 to 24 October, to promote 'active travel' school runs. It's brand new and we are offering it to schools across the west of England. Students who register get to log their active journeys (cycling/walking/ scooting/ public transport) to school through a website in order to win prizes and take part.

- 2 prize draws a day for spot prizes (itunes vouchers, Amazon vouchers, Cinema vouchers, love2 shop vouchers)
- 1 photo prize per week (iPod nano/kindle)
- 2 'invite a friend' prize draws per week (iPod nano/kindle)
- 1 prize draw a week for those with 100% journeys logged (day out: Zoo/Go Ape/Longleat)



Extra-curricular activities during week commencing 29 September

Monday:

3 – 4 pm: 6 Degrees of Aspiration keynote speaker: Guy Douglass, Brand on Shelf

4 – 5 pm: Introduction to Latin

Tuesday:

Basketball (Y7)

Book Club (Y7 & Y8)

Games Club

Makers Club

Netball (Y7 & Y8 girls)

Orchestra

Philosophy Club

Rugby (Y7, Y8 & Y9 boys)

Textiles Club (Y8, Y9 & Y10)

Wednesday:

No after school activities due to the Open Evening

Thursday:

Art Club

Basketball (Y9)

Comic Book Philosophy

Dance Club (Y9 & Y10)

International Film Club

Musical Theatre

Netball (Y9 & Y10 girls)

Rugby (Y10 boys)

Student Newspaper

Warhammer Club

Friday:

'Band Academy'

Study Club will not run on Wednesday and Friday.

Please refer to www.bristolfreeschool.org.uk/extracurricular.php for further details of these activities. All after school activities finish at 4.30 pm unless otherwise noted.

Tutor groups can see how they are doing against each other and the winning tutor group (the one that logs most journeys) wins a £200 budget for the tutor to spend on the students."

Please encourage your child to sign up.

Richard Clutterbuck



Friends of Bristol Free School is a group of active parents and teachers who support social and school events, to enhance the learning environment at the school.

We are always looking for support in what ever capacity you can give, so please contact us on the email address below.

Thank you.

email: fobfs@bristolfreeschool.org.uk

[@FoBFS](https://twitter.com/FoBFS)

www.bristolfreeschool.org.uk/fobfs.php

Basic school equipment

There are some items which should be part of the daily preparation and checking for a day at school:

- rucksack to carry books and pencil case;
- pencil case containing: pens, pencils, sharpener, rubber, ruler, crayons;
- funds loaded onto the catering account to allow purchase of refreshments at morning break and lunch;
- calculator and maths set including a pair of compasses and protractor;
- filled water bottle with a wide neck which can be re-filled during the day.

On days when PE is timetabled students must ensure that their water bottle is full before the lesson starts, and any student who uses an inhaler should carry one as part of their PE kit.

Important dates for home/school dialogue in terms 1 and 2

Below is a summary of the key dates for the next two terms. Letters go out in advance to notify you of further details.

- Thursday 2 October
Year 10 Curriculum Evening: A chance to find out more about GCSE study and ways to support your child at this crucial stage in their education. There will also be a work experience presentation and we will issue VLE logins.
- Thursday 16 October
Year 7 Transition Evening: A 'settling-in' meeting with your child's tutor. It provides an opportunity to find out how things have gone since September, celebrate success and answer any questions you might have.
- Thursday 23 October
Our first interim report goes home for all year groups. It is a summary of academic and pastoral progress during term 1. It will contain levels or GCSE grades.
- Thursday 27 November
Year 9 Subject evening: students will make an appointment with their subject teachers to discuss progress. It takes place in the LRC.
- Wednesday 12 December
Year 8 Full Report home

Free School Meal reminder

If your child usually has free school meals and is in Years 8, 9 and 10 please remember to renew your application at <https://myfreeschoolmeals.com/> this weekend.

Renewals can take up to five working days to be reflected in the Dining Hall. Eligibility from last year runs out at the end of September.

Science Club

This term's theme at Science Club is 'flight'. We kicked off proceedings this week by designing and constructing 'egg landers'! In teams, students had to design and build a

contraption which would safely deliver an egg, unbroken, to earth after launching it from height. There were three criteria - style, re-usability and survivability with points awarded for each criterion.

After a cracking effort by all of our teams, the winners were G-Force for their egg-cellent polka dot design!



Free support for you and your 'teen'!

Are you reaching for an instruction manual for your child's behaviour? Do you feel that they are not listening? Or that they are pushing the boundaries to the limit?

You are not alone and support is available to you. The Parenting Plus Adolescents programme is a 9 week course here at Bristol Free School. The course looks at the implementing rules, discipline, positive communication, dealing with conflict and helping to motivate your teenager, and will bring together parents who are facing similar challenges. The course is aimed at parents who have students in secondary school and will run from 6.30 pm to 9.00 pm starting next week on 1 October.

For more information please contact reception and ask to speak to Miss Young.

Term 1 – Key Dates over the next two weeks	
Tuesday 30	Y7 rugby vs Clifton High (home at Coombe Dingle)
October	
Wednesday 1	Open Day & Evening
Thursday 2	<ul style="list-style-type: none"> • Y10, World Skills Expo • Y9 & Y10 netball vs Fairfield School (home) • Y10, Curriculum Evening, 6.00 – 7.30 pm
Friday 3	6 degrees business breakfast
Monday 6	<ul style="list-style-type: none"> • 'Teen Tech West' trip • 6 degrees keynote speaker after school: Stuart Pearce, Pearce Barber Ltd, Telesales
Tuesday 7	<ul style="list-style-type: none"> • Y8 & Y9 combined rugby vs Clifton High (home at Coombe Dingle) • Y10 rugby vs Clifton High (home at Coombe Dingle)
Wednesday 8	<ul style="list-style-type: none"> • British Interactive Media Association (BIMA) D-day event • FoBFS AGM
Thursday 9	Open Day & Evening
Friday 10	World War 1 trip departure
Please see the calendar at www.bristolfreeschool.org.uk for other important dates.	